

Member Swimming

	06:00 - 07:00	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00
MONDAY	ADULT ONLY SWIMMING						AQUA 12:15- 13:00	CHILD SWIM TIMES 13:00-17:30					ADULT ONLY SWIMMING			
TUESDAY	ADULT ONLY SWIMMING			AQUA 09:45-10:30	ADULT ONLY SWIMMING		CHILD SWIM TIMES 12:00-17:30			Swimming Lessons 3pm-8pm			AQUA 19:00 - 19:30	ADULT ONLY SWIMMING		
WEDNESDAY	ADULT ONLY SWIMMING						AQUA 12:00-12:45	CHILD SWIM TIMES 12:00-17:30			Swimming Lessons 3pm-8pm			ADULT ONLY SWIMMING		
THURSDAY	ADULT ONLY SWIMMING			AQUA 10:15 - 11:00	ADULT ONLY SWIMMING		CHILD SWIM TIMES 12:00-17:30			Swimming Lessons 3pm-8pm			AQUA 19:00 -19:45	ADULT ONLY SWIMMING		
FRIDAY	ADULT ONLY SWIMMING		AQUA 09:30-10:15	ADULT ONLY SWIMMING			CHILD SWIM TIMES 12:00-17:30			Swimming Lessons 3pm-8pm						
SATURDAY				ADULT ONLY SWIMMING			Swimming Lessons 12:30pm-3pm		CHILD SWIM TIMES 12:00-16:00			ADULT ONLY SWIMMING				
SUNDAY				ADULT ONLY SWIMMING		ADULT ONLY SWIMMING		Swimming Lessons 12:30pm-3pm		CHILD SWIM TIMES 12:00-16:00			ADULT ONLY SWIMMING			

- AQUA: One swimming lane will be in operation for adult swimming during scheduled AQUA classes.
- One to one swimming lessons will be conducted as requested by member.
- Terms and conditions. The timetable is subject change and is based on Instructor availability.