



Health Club Christmas Opening Times	Friday Christmas Eve	Saturday Christmas Day	Sunday Boxing Day	Monday 27th	Tuesday 28th	Wed/Thurs 29th/30th	Friday New Year's Eve	Saturday New Year's Day	Sunday 2nd
Aberdeen	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	10.00 - 18.00
Ashford	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	08.00 - 16.00	Normal
Ayr	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	10.00 - 18.00
Banbury	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Barnsley	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Belfast	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Blackpool	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Braintree	08:00 - 16:00	Closed	Closed	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Brindley Place	08.00 - 16.00	Closed	Closed	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	Closed	Normal
Bristol	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Broadstairs	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	08.00 - 16.00	Normal
Burton on Trent	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Cardiff	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Carlisle	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Chafford	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Charlton House	Normal	Closed	Normal	Normal	Normal	Normal	Normal	Normal	Normal
Chester le Street	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Chingford	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Bury St Edmunds	08.00 - 16.00	Closed	Closed	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Kingsford Park	08.00 - 16.00	Closed	Closed	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Colchester	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Cookridge	08.00 - 16.00	Closed	Closed	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Coulby Newham	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Crewe	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Darlington	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Dumfries	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	10.00 - 18.00
Dunfermline	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	10.00 - 18.00
Durham	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Eastbourne	08.00 - 16.00	Closed	Closed	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	08:00-16:00	Normal
Edinburgh	08.00 - 16.00	Closed	Closed	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	Closed	10.00 - 18.00
Fairfield	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Falkirk	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	10.00 - 18.00
Folkestone	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	08:00 - 16:00	Normal
Grove Park	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Hastings	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	08:00 - 16:00	Normal
Humberston	08.00 - 16.00	Closed	Closed	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal

 Members can use Maida Vale

 Members can use Norwich West

 Members can use Colchester

Health Club Christmas Opening Times	Friday Christmas Eve	Saturday Christmas Day	Sunday Boxing Day	Monday 27th	Tuesday 28th	Wed/Thurs 29th/30th	Friday New Year's Eve	Saturday New Year's Day	Sunday 2nd
Ingleby Barwick	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Inverness	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	10.00 - 18.00
Leeds	08.00 - 16.00	Closed	Closed	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Leicester	08.00 - 16.00	Closed	Closed	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	Closed	Normal
Livingston	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	10.00 - 18.00
Lowestoft	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Luton	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Maida Vale	08.00 - 16.00	08.00- 12.00	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Manchester Chepstow St	08.00 - 16.00	Closed	Closed	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	Closed	Normal
Manchester Quay St	08.00 - 16.00	Closed	Closed	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	Closed	Normal
Manchester Whitworth St	08.00 - 16.00	Closed	Closed	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	Closed	Normal
Mansfield	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Millbank	Closed	Closed ●	Closed ●	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Closed ●	Closed	Closed
Milton Keynes	08.00 - 16.00	Closed	Closed	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	Closed	Normal
Newcraighall	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	10.00 - 18.00
Newport	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Norwich	08.00 - 16.00	Closed	Closed ●	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Norwich West	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Orpington	08.00 - 16.00	Closed	Closed	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Perth	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	10.00 - 18.00
Peterborough	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Rotherham	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Shrewsbury	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Skelmersdale	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Solihull	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Stepps	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	10.00 - 18.00
Sutton Coldfield	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Tamworth	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Tower 42	Closed ●	Closed ●	Closed ●	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Closed ●	Closed	Closed
Wakefield	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Wellingborough	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Weybridge	08.00 - 16.00	Closed	Closed	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	08.00 - 16.00	Normal
Wildmoor	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
Worksop	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal
York	08.00 - 16.00	Closed	10.00 - 18.00	10.00 - 18.00	10.00 - 18.00	Normal	08:00 - 16:00	10.00 - 18.00	Normal

● Members can use Maida Vale ● Members can use Norwich West ● Members can use Colchester