

# Member Swimming

	06:00 - 07:00	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00
MONDAY					AQUA 10:00- 10:45		SWIM LESSONS 11:30 - 13:30			SWIM LESSONS 14:30 - 16:30						
TUESDAY						AQUA 10:30- 11:15							AQUA 18:15- 19:00			
WEDNESDAY					AQUA 10:00- 10:45		SWIM LESSONS 11:00 - 13:00			SWIM LESSONS 15:00 - 17:00						
THURSDAY								AQUA 12:45 - 13:30								
FRIDAY				SWIM LESSONS 08:45 - 10:45		AQUA 11:00 - 12:00		AQUA 13:30 - 14:15		SWIM LESSONS 15:00 - 17:00						
SATURDAY																
SUNDAY																

• AQUA: - One swimming lane will be in operation for adult swimming during scheduled aqua classes.  
• Swim Lessons: - One swimming lane will be reserved for the sole use of the instructor and participant during this time.  
Terms and Conditions. The timetable is subject to change and is based on instructor availability.