

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Studio 1: 09:30 - 10:30 BODYPUMP™ 18:15 - 19:15 BODYPUMP™ 19:30 - 20:15 Circuits</p> <p>Studio 2: 10:30 - 11:25 Pilates 12:00 - 13:15 Yoga 19:15 - 20:00 Pilates</p> <p>Group Cycle Studio: 07:00 - 07:45 Group Cycle 08:15 - 09:00 Virtual RPM™ 09:30 - 10:15 Group Cycle 17:30 - 18:15 Virtual RPM™ 18:30 - 19:15 Group Cycle 19:45 - 20:30 Virtual RPM™</p> <p>Pool: 10:45 - 11:30 Aqua Aerobics</p>	<p>Studio 1: 10:00 - 10:45 LBT 18:30 - 19:15 BODYATTACK™ 19:30 - 20:15 Circuits</p> <p>Studio 2: 09:45 - 10:45 BODYBALANCE™ 11:00 - 12:00 Pilates 19:30 - 20:45 Yoga</p> <p>Group Cycle Studio: 06:45 - 07:30 Group Cycle 09:00 - 09:45 Group Cycle 17:45 - 18:30 Virtual RPM™ 19:00 - 19:45 Group Cycle</p> <p>Pool: 10:30 - 11:15 Aqua Aerobics</p>	<p>Studio 1: 09:30 - 10:30 BODYPUMP™ 11:00 - 12:00 Body Conditioning 18:15 - 19:00 Zumba 19:15 - 19:45 B Fit</p> <p>Studio 2: 09:30 - 10:15 Pilates 10:30 - 11:30 Pilates 12:00 - 13:15 Yoga 18:30 - 19:30 BODYBALANCE™</p> <p>Group Cycle Studio: 06:30 - 07:15 Group Cycle 09:00 - 09:45 Group Cycle 10:30 - 11:15 Virtual RPM™ 18:30 - 19:15 Group Cycle</p> <p>Pool: 10:45 - 11:30 Aqua Aerobics</p>	<p>Studio 1: 09:45 - 10:30 BODYCOMBAT™ 11:15 - 12:00 Dance Fit 12:30 - 13:30 BODYPUMP™ 18:45 - 19:30 BODYCOMBAT™ 19:45 - 20:30 Circuits</p> <p>Studio 2: 09:15 - 10:30 Yoga 10:45 - 11:45 Pilates 12:00 - 13:00 BODYBALANCE™ 18:30 - 19:45 Yoga</p> <p>Group Cycle Studio: 06:30 - 07:15 Group Cycle 09:00 - 09:45 Virtual RPM™ 18:30 - 19:15 Group Cycle</p>	<p>Studio 1: 09:15 - 10:15 BODYPUMP™ 11:30 - 12:30 LBT 18:00 - 18:30 B Fit</p> <p>Studio 2: 09:00 - 10:00 Pilates 10:15 - 11:15 BODYBALANCE™ 11:30 - 12:45 Yoga</p> <p>Group Cycle Studio: 07:00 - 07:45 Group Cycle 09:30 - 10:15 Group Cycle 18:00 - 18:45 Virtual RPM™</p> <p>Pool: 10:00 - 10:45 Aqua Aerobics</p>	<p>Studio 1: 12:45 - 13:30 Circuits</p> <p>Studio 2: 10:00 - 11:00 BODYBALANCE™</p> <p>Group Cycle Studio: 08:15 - 09:00 Group Cycle 09:15 - 10:00 Group Cycle 10:45 - 11:30 Virtual RPM™</p> <p>Pool: 10:15 - 11:00 Aqua Aerobics</p>	<p>Studio 1: 09:00 - 09:45 Circuits 12:45 - 13:15 B Fit</p> <p>Studio 2: 09:00 - 10:00 Yoga 10:15 - 11:15 Yoga</p> <p>Group Cycle Studio: 09:30 - 10:15 Group Cycle 10:30 - 11:15 Virtual RPM™</p>