



To Start

Soup of the day, focaccia (Ve, GFA) £6.50

Sun dried tomato arancini, tomato pesto & rocket (Ve) £7.50

Prawn, avocado tian, dill mayonnaise & lemon (GFA) £7.50

To Share

Antipasti Board (Ve, GFA) £26

Onion hummus, falafel, marinated globe artichoke,
focaccia, red pesto, olives, sun dried tomatoes, rocket,
rapeseed oil & balsamic

Mains

Redefine 'flank' wellington (Ve) £19.00

Roast potatoes, braised red cabbage, roast carrots &
gravy

Pan roast chicken breast £19.00

Roast potatoes, braised red cabbage, roast carrots,
yorkshire pudding & chicken gravy

Chicken caesar salad (GFA) £19.00

Baby gem, bacon, boiled egg, parmesan & croutons

Prawn, tomato tagliatelle £19.00

White wine sauce & dill

Redefine 'Lamb style' chimichurri burger (Ve)
£19.00

Chimichurri sauce, triple cooked chips & coleslaw

Char grilled cajun mushroom (Ve, GFA) £16.00

Panisse chips, roast cherry tomatoes, garlic aioli &
onion rings

Sides

Fries (GFA, Ve) £4.50 (296 Kcal)

Rocket & pine nut salad (GF, Ve) £5.50 (175 Kcal)

Onion rings (Ve) £4.50 (106 Kcal)



PRECISELY THE SAME
ENTIRELY DIFFERENT



@woodlandsbs



Statement of daily calorie needed (adults need around 2000 kcal a day)

GF - Made without Gluten GFA - Gluten free available

Concerns about allergies & intolerances? Visit allergymenu.uk & enter the code BAN474

Please make a member of staff aware of any food intolerances, allergies or dietary requirements you have, when placing your order. More information on ingredients is available on request. Our restaurant kitchen handles all ingredients, therefore some products may not be suitable for those with allergies. Please ask for allergen information or inform us of your intolerances, allergies and/or dietary requirements every time you visit as ingredients may have changed since your last purchase.



Sandwiches on white or granary / Wraps

Sandwiches / wraps served with salad

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|---|---|
| <i>Classic BLT (GFA) £10.50</i>
<i>Bacon, lettuce, tomato & mayonnaise</i> | <i>Mature cheddar cheese sandwich (GFA) £10.00</i>
<i>Tomato chutney</i> |
| <i>Redefine 'steak flank' baguette (Ve) £13.00</i>
<i>Mayonnaise, saute onions, & mushroom</i> | <i>Sliced ham sandwich (GFA) £10.00</i>
<i>Wholegrain mustard</i> |
| <i>Falafel wrap (Ve) £10.00</i>
<i>Onion hummus, rocket, garlic mayonnaise & salad</i> | |

Desserts

- Panna Cotta, strawberries, ginger snap (Ve, Gf) £8.00*
- Bakewell tart with vanilla sauce (Ve) £8.00*
- Mocha cheesecake with caramel ice cream (ve) £8.00*
- Apple and blackberry crumble with vanilla ice cream (ve)*
£8.00



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