



BANNATYNE SPA HOTEL HASTINGS

MAXINES PLANT BASED MENU

2 Course - £19.95 3 Course £22.95

Breads & Nibbles:

Marinated Olives (v,ve,gf) - 3.95

Flat bread and homemade dips (v,ve) - 3.95
(Houmous, Sun dried tomato tapenade, aubergine caviar)

Assorted bread with olive oil and aged balsamic vinegar (v,ve) - 3.95

Starters:

Soup of the day (v,ve,gf*)

Vegetable tempura with soy dip (v,ve)

Strawberry salad; avocado, baby arugula and spinach.
Toasted pine nuts and strawberry verjus (v,ve,gf)

Heirloom tomato salad with orange, fresh basil and extra virgin olive oil (v,ve,gf)

Mains:

Baked courgette with mushroom and cauliflower, tomato & basil sauce, house salad (v,ve)

Stir fried mixed vegetables with fried rice (v,ve) -

Vegan Melanzane parmigiana; Baked aubergine, tomato and basil (v,ve*,gf)

Pasta with wild mushroom and cherry tomatoes (v,ve)

Dessert

Fresh exotic fruit salad with raspberry sorbet

Warm vegan brownies with your choice of sorbet

Selection of sorbets; Lemon & Raspberry

Tea/Coffee:

Tea - 3.00

A choice of traditional English tea, Decaffeinated, Chamomile, Green tea, or fruit and herbal infusions

Espresso - 2.75

Americano - 3.25

Flat White - 3.50

Cappuccino - 3.50

Cafe Latte - 3.50

Hot Chocolate - 3.50

ALLERGENS

Please make a member of staff aware of any allergies or dietary requirements you have, when placing your order. More information on ingredients are available on request. Please ask for allergen information or inform us of your allergies/dietary requirements every time you visit as ingredients may have changed since your last purchase.

GF = Gluten free **GF*** = Gluten free alternative available **DF** = Dairy free **V** = Vegetarian
Ve = Vegan **Ve*** = Vegan alternative available

(A 12.5% discretionary gratuity will be added to your bill - all gratuities go to the staff)