Main Menu

Nibbles & Starters

Garlic stuffed olives with balsamic glaze **(VE, GF)**
£5.75 | 315 kcal

Breads with butter, oil and balsamic **(V, VEA)**
£6.50 | 717 kcal

Warm toasted spiced nuts (VE, GF)
£3.50 | 369 kcal

Soup of the day with fresh bread roll **(VE, GFA)**
£6.50 | Ask Server

Persian spiced Lemon and garlic whipped feta with pita chips **(V, GFA)**
£6.50 | 287 kcal

Smoked haddock and citrus pate served with sourdough **(GFA)**
£9.50 | 588 kcal

Main Courses

Chicken katsu curry with coconut rice
£14.95 | 1202 kcal

Butchers choice sausages and mustard mash with rich onion and thyme gravy
£14.95 | 1039 kcal

Roasted squash Risotto with spinach and sage **(VE, GF)** (Add Chicken or Prawns £4.00)
£13.00 | 580 kcal

Honey and Mustard salmon with beetroot, lentils, pumpkin seeds and rocket **(GF)**
£16.00 | 674 kcal (Spa supplement £4)

Mixed mushroom linguine with onions, garlic and chives **(VE)** (Add Chicken or Prawns £4.00)
£13.00 | 499 kcal

Burgers

Moroccan spiced lamb burger with minted yogurt, rocket and beef tomato **(GFA)**
£16.95 | 1031 kcal (Spa supplement £4)

Green garden burger with tomato chutney, rocket and sliced tomato **(VE, GF)**
£14.00 | 710 kcal (Spa supplement £2)

Buttermilk chicken burger with romaine lettuce, beef tomato and ranch dressing **(GFA)**
£16.95 | 942 kcal (Spa supplement £4)

All served with chips

Salads and Bowls

Crumbled goats cheese salad with honey roasted baby carrots and squash with quinoa, pumpkin seeds and beetroot dressing **(V, GF)**
£12.00 | 506 kcal

Herb marinated chicken breast with roasted red onions, spinach, roasted cherry tomatoes, toasted almonds and feta cheese **(GF)**
£13.00 | 593 kcal

Roasted field mushroom with edamame bean, lentils, tenderstem broccoli and chilli salad topped with teriyaki and toasted sesame seeds
(VE) £12.00 | 279 kcal

Classic Chicken Caesar Salad with crisp romaine lettuce, dressed in seasoned caesar dressing, topped with croutons & warm chicken **(GFA)**
£13.00 | 435 kcal

(Add Chicken or Prawns £4.00)

Sandwiches and Wraps

All served with salted crisps and side salad

(Upgrade to chips for £2.00)

Coronation chicken with romaine lettuce **(GFA)**
£12.50 | 586 kcal

Brie bacon and cranberry (GFA)
£12.50 | 981 kcal

Tuna, spring onion and rocket (GFA)
£12.50 | 445 kcal

Mexican Chickpea with mixed leaves **(VE, GFA)**
£12.50 | 536 kcal

Available as a wrap or sandwich, served on white or brown bread

Sides

Rustic chips (VE, GF)
£6.50 | 602 kcal

Seasonal vegetables (VE, GF)
£5.50 | 104 kcal

Mac and cheese (V)
£6.00 | 547 kcal

Sweet Chilli Pork Belly Bites topped with fresh chilli, spring onion & sesame seeds **(GF)**
£7.00 | 528 kcal

GF= Gluten Free | DF= Dairy Free | V = Vegetarian | Ve = Vegan | VEA= Vegan Alternative Available | GFA= Gluten Free Alternative Available

Concerns about allergies & intolerances? Visit Allergymenu.uk and Enter Code: BAN476

Breakfast Menu

Breakfast served from 9am - 11.45am

Selection of Teas and Coffees available from £2.50

Breakfast Selection

All served with sourdough

Chestnut mushrooms sauteed in cold pressed rapeseed oil on toasted sourdough topped with hollandaise sauce and parsley **(GFA)**
£8.00 | 569 kcal

Smashed avocado, poached egg and chilli, topped with crumbled feta and pomegranate seeds on toasted sourdough **(GFA)**
£11.50 | 630 kcal

3 Egg Omelette (GF) -

-Tomato, cheddar and bacon
£7.50 | 426 kcal

-Chestnut mushroom, rocket and gruyere cheese
£7.50 | 326 kcal

Eggs on toast (GFA)
Choose from poached **452 kcal,** fried **520 kcal** or scrambled **452 kcal | £7**

American pancakes with blueberry compote maple syrup and streaky bacon
£8.00 | 509 kcal

Eggs benedict, Florentine or Royale -

Two poached eggs on toasted English muffin topped with homemade hollandaise sauce

-**Benedict** (Ham) - **£10 | 642 kcal**
-**Florentine** (Fresh Spinach) - **£9.50 | 522 kcal**
-**Royale** (Smoked Salmon) - **£11.00 | 622 kcal**

Continental

Toast, butter and preserve (GFA)
£4.50 | 381 kcal

Acai bowl, Homemade gluten free granola with greek yoghurt and berry compote (GF, VEA)
£7.00 | 614 kcal

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Muffins

Sausage and free range fried egg
£7.50 | 589 kcal

Smoked streaky bacon and free range fried egg
£7.50 | 404 kcal

Spinach, field mushroom and scrambled tofu
£6.50 | 255 kcal

Sandwiches

Choose from white, granary or gluten free bread

Smoked streaky bacon in a sandwich
£7.50 | 485 kcal

English sausages in a sandwich
£7.50 | 612 kcal

Fried egg in a sandwich (GFA)
£6.50 | 476 kcal

Full Breakfast

Unfortunately we do not offer any substitutions

Full English - Free range egg, old english sausage, smoked streaky bacon, sauteed chestnut mushrooms, roasted tomato, black pudding, baked beans, hash brown, toast and butter **(GFA)**
£15.00 | 1049 kcal

Vegan Breakfast - Scrambled tofu, avocado,roasted tomato, sauteed chestnut mushrooms, baked beans, moving mountains sausages, hash brown, toast and dairy free spread. **(VE, GFA)**
£14.00 | 779 kcal

Smoothies - £4.50

Pash 'N' Shoot - Passionfruit, Mango, Pineapple

Coco Loco - Mango, Pineapple, Coconut, Lime, Mint

Strawberry Split - Strawberry & Banana

Blueberry Thrill - Blueberry, Raspberry, Banana & Flaxseed

Broccoli & The Beast - Broccoli, Spinach, Mango, Banana, Pineapple

Wine List

White Wine

The Waddling Duck Sauvignon Blanc - Marlborough, New Zealand
175ml £7.50 | 250ml £12.00 | Bottle £33.00

Selected from the Awatere & Wairau Valleys in Marlborough, New Zealand's Premier Sauvignon Blanc growing region.

Pinot Grigio Primi Soli - Terre Siciliane, Italy
175ml £7.00 | 250ml £10.00 | Bottle £28.00

A richly flavoured Pinot Grigio, ripening in the Sicilian Sunshine, some Viognier is included in the wine which gives it aromatic notes.

Healy & Gray Chardonnay - Australia
187ml Bottle | £6.25

A pale gold Australian white wine featuring a fruity nose with tropical fruit notes, a rich profile, and a long-lasting finish.

Red Wine

Cramele Recas Pinot Noir - Romania
175ml £8.00 | 250ml £10.00 | Bottle £23.00

The Pinot Noir grapes come from vineyards located in the south-west of Languedoc Roussillon.

Faustino Rivero Rioja Crianza - Spain
175ml £6.50 | 250ml £10.00 | Bottle £28.00

Ripe & richly fruity wine with rich aromas of fruit cake and spice, smooth & supple in the mouth.

Via Alta Merlot Reserva - Chile
175ml £8.00 | 250ml £10.00 | Bottle £27.00

The River Teno provides crucial water to irrigate the Errazuriz estate in the Curico Region.

Equino Malbec - Argentina
175ml £8.00 | 250ml £11.00 | Bottle £31.00

Dark purple-blue colour a change of sweet blueberry & violet on the nose.

Rose Wine

Monterey Bay Zinfandel Rose - California USA
175ml £6.50 | 250ml £10.00 | Bottle £26.00

Medium-sweet rose using Zinfandel grapes from warm California vineyards.

Pinot Grigio Rose Primi - Italy
175ml £7.00 | 250ml £10.00 | Bottle £28.00

Soft, coppery-pink colour, delicate and fruity bouquet, soft and fresh on the palate.

Fizz

Famiglia Extra Dry - Italy
Prosecco
125ml £7.00 | Bottle £32.00

Fine, persistent, soft fizz surrounds a fruit spectrum of apple, pear & a hint of peach.

Famiglia Rose - Italy
Prosecco
125ml £7.00 | Bottle £32.00

Fresh and vibrant raspberry & strawberry scented fizz.

Taittinger Prestige Brut Rose - France
Champagne | £95.00

Stylish & dry with delicious summer fruit aromas and along, full-bodied flavour typical of Pinot Noir based champagnes.

Pommery - France
Champagne | £120.00

This fine champagne is a blend of 40 carefully selected crus from the Champagne region. It is made up of three grape varieties.

KINGSFORD PARK

Dining At Kingsford Park

PLEASE MAKE US AWARE OF ANY ALLERGIES WHEN PLACING YOUR ORDER

Visit Allergymenu.uk and enter code: BAN476 or scan this QR code

Events and private function enquiries
Email: fb.kingsfordpark@bannatyne.co.uk

A DISCRETIONARY SERVICE CHARGE OF 10% WILL AUTOMATICALLY BE ADDED TO YOUR BILL GUESTS MAY OPT OUT BY INFORMING YOUR SERVER