



KINGSFORD PARK

BREAKFAST & BRUNCH MENU

Served from 9am - 12pm every day. Last sitting 11:45am.

BREAKFAST

GF granola, natural yoghurt, fresh orange slices (GF)	£4.75
GF porridge, Tiptree honey, butter (GF)	£4.75
Toast, butter and Tiptree preserve (GFA) (VEA)	£3.75
2 eggs on toast	£4.75
Poached, scrambled, fried (GFA)	
The big breakfast	£11.00
Bacon, sausage, egg, beans, black pudding, mushroom, tomato, toast and butter (Supp £3.50)	
Powerbowl, spinach, feta, avocado, tomato and poached egg	£9.00
French toast, clotted cream and winter berry compote	£7.00
Wild mushrooms on toasted sourdough	£5.50
3 egg omelette, bacon, cheese and tomato	£5.50
Bacon sandwich, HP sauce	£5.50

VEGAN BREAKFAST

Smashed avocado, sliced red chilli and grated vegan cheese on toasted sourdough (VE)	£7.50
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DRINKS

Coffee and teas	from £2.20
Freshly squeezed orange juice	£3.50
Fruit and vegetable smoothies	£4.25
Broccoli and The Beast	
Avo Go Go	
Passion Shoot,	
Strawberry Split	
Blueberry Thrill	
Melon Refresher	

GF = Gluten Free **DF** = Dairy Free **V** = Vegetarian **Ve** = Vegan **Vea** = Vegan Alternative Available

Concerns about allergies & intolerances? Visit allergymenu.uk & enter the code BAN476

Please make a member of staff aware of any allergies or dietary requirements you have, when placing your order. More information on ingredients is available on request. Please ask for allergen information or inform us of your allergies/dietary requirements every time you visit as ingredients may have changed since your last purchase. Our suppliers and chefs take great care to remove any bones from our boneless items however there could still be a small chance of finding one.