

MAIN MENU

Nibbles

- Butterbean Hummus & Pitta Chips £6.00 · 318 kcal (GFA)(VE)
- Focaccia with Butter Oil & Balsamic £5.50 · 717 kcal (VEA)
- Antipasti Mix Balsamic onions, roasted peppers, baby gherkins, and garlic-stuffed olives $\pm 5.50 \cdot 315$ kcal (GF)(VE)

Starters

- Smoked haddock and creamy sweetcorn chowder with homemade bread roll £6.50 319 kcal (GFA)
- Soup of the day with bread rolls ask server for details £6.00 (GFA)
- Pear and blue cheese on toasted sourdough with a balsamic glaze £6.50 367 kcal (GFA)

Mains

- Asian style pork burger lettuce, crispy noodles, miso & chilli mayo. Served with rustic chips £15.00 (£3 supplement) 756 kcal (GFA)
- Buttermilk Chicken Burger lettuce, tomato & ranch sauce. Served with rustic chips £15.00 (£3 supplement) 917 kcal (GFA)
- Pan-Fried Haddock with chorizo, new potatoes, cherry tomatoes & parsley sauce £12.00 · 330 kcal (GF)
- Slow cooked pork belly with fennel puree, roasted apple sauce, roasted tenderstem broccoli and butter mash potato £15.00 (£3 sup) 737 kcal (GF)
- Blackwell and co, old english sausages with buttery whole-grain mash and red wine onion gravy. £14.00 (£2sup) 1039kcal
- Mushroom Stroganoff Linguine £12.00 · 614 kcal (VE)(GFA)

Salads

- Crumbled Goat's Cheese & Roasted Vegetable Salad with quinoa, pumpkin seeds & beetroot dressing £11.00 · 863 kcal (GF)(VEA)
- Steak & Romesco Salad 50z rump steak, new potatoes, green beans, red peppers, almonds £14.00 (£2 sup) 530 kcal (GF)
- Chilli & Lime Prawn Salad Avocado, rocket, spring onions & cherry tomatoes £11.00 · 504 kcal (GF)

Wraps & Sandwiches

All served with crisps & salad garnish (GFA) (Upgrade to Chips for £1.50)

- Chicken Caesar Wrap £12.00 · 628 kcal
- Roasted peppers, onions and beans with lettuce and guacamole wrap.
 £10.00 432 kcal (VE)
- Cold cut Korean beef wrap with lettuce, spring onions, carrot and korean style miso mayo. £11.00 615 kcal
- Mozzarella, green pesto, lettuce and roasted red pepper wrap £10.00 486 kcal

Sides

- Rustic Chips with ketchup & mayo £6.00 · 602 kcal (GF)(VE)
- Roasted Broccoli with toasted almonds £4.50 · 118 kcal (GF)(VE)
- Italian Salad Mixed leaves, tomato, red onion, cucumber & parmesan £6.50 · 352 kcal (GF)
- Sweet chilli, soy sauce and sesame pork belly bites topped with fresh sliced chilli and spring onions £6.50 528 kcal (GF)