

Bannatyne
Health Club & Spa

KIDS MENU

Healthy and nutritious
meals, snacks and
drinks for kids!



FREE piece
of fruit with
any kids meal
purchased!





KIDS MENU

This menu was completed following the current School Food Standards to ensure appropriate portion control and an offering that is varied with the main food groups, protein, carbohydrates and fats represented. Fruit and vegetables are offered with every meal to provide a good source of fibre and to help achieve the recommended 5 portions a day.

Mac & Cheese

Elbow shaped pasta with a rich mild cheddar sauce



£3.60

Calories 271kc

Fat 8.8g

Sugar 2.3g

Salt 0.9g

Chicken Wrap

Wheatbran wrap filled with chicken, cucumber, lettuce & a light covering of mayonnaise



£3.90

Calories 167kc

Fat 5.3g

Sugar 2.2g

Salt 1.0g

Jacket Potato

Jacket Potato served with Healthy choice beans, cheese or tuna



£3.00

Calories 419kc

Fat 3.5g

Sugar 5.8g

Salt 0.4g

Example: Jacket potato with Healthy Choice Beans

Chicken Pizza Pocket

Wholegrain wrap filled with chicken, tomato and smothered in melted cheese

£3.90

Calories 209kc

Fat 7.6g

Sugar 2.4g

Salt 1.3g

Cheesy Toast

White or malted wheat bloomer bread topped with melted cheddar cheese



£2.10

Calories 224kc

Fat 10.7g

Sugar 1.8g

Salt 0.9g

Soup

Choose from Mushroom, Carrot & Coriander, Vegetable, Tomato & Basil, and Leek & Potato. All served with a slice of white or malted wheat bloomer



£2.10

Calories 93kc

Fat 3.0g

Sugar 12.5g

Salt 1.0g

Allergen Information. Please ask our team about dishes which do not contain gluten containing ingredients. We are aware of the presence of allergens requiring labelling, for more information please ask the food & beverage team. Menu descriptions do not list every ingredient. Adults need around 8,400 kJ or 2,000 kcal a day. All prices include VAT. This menu is available for a limited period of time only and is subject to availability. We occasionally may sell out of the more popular dishes. If we do we will do our very best to offer you the nearest alternative. Photography is for illustrative purposes only. You can contact us in writing at Group Head of Food & Beverage, Bannatyne Group, Power House, Haughton Road, Darlington, DL1 1ST. Registration Number: 3287770