

Member Swimming

	06:00 - 07:00	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00		
MONDAY	ADULT ONLY SWIMMING					AQUA LANE 1 11:30 - 12:15		ADULT ONLY SWIMMING		SWIM LESSONS LANE 3 14:00 - 20:00				ADULT ONLY SWIMMING				
TUESDAY	ADULT ONLY SWIMMING					AQUA LANE 1 11:45 - 12:30		ADULT ONLY SWIMMING		SWIM LESSONS LANE 3 14:00 - 20:00				CHILD SWIM TIMES 14:00 - 19:00		AQUA LANE 1 19:15 - 20:00		ADULT ONLY SWIMMING
WEDNESDAY	ADULT ONLY SWIMMING					AQUA LANE 1 11:30 - 12:15		ADULT ONLY SWIMMING		SWIM LESSONS LANE 3 14:00 - 20:00				ADULT ONLY SWIMMING				
THURSDAY	ADULT ONLY SWIMMING					AQUA LANE 1 11:30 - 12:15		ADULT ONLY SWIMMING		SWIM LESSON LANE 3 14:00 - 20:00				ADULT ONLY SWIMMING				
FRIDAY	ADULT ONLY SWIMMING					AQUA LANE 1 11:45 - 12:15 Lane 1		ADULT ONLY SWIMMING		SWIM LESSON LANE 3 14:00 - 20:00				ADULT ONLY SWIMMING				
SATURDAY	ADULT ONLY SWIMMING					ADULT ONLY SWIMMING				SWIM LESSON LANE 3 12:00 - 18:00				CHILD SWIM TIMES 14:00 - 19:00		ADULT ONLY SWIMMING		
SUNDAY	ADULT ONLY SWIMMING					AQUA LANE 1 11:00 - 11:45		ADULT ONLY SWIMMING		SWIM LESSON LANE 3 12:00 - 18:00				CHILD SWIM TIMES 14:00 - 19:00		ADULT ONLY SWIMMING		

- AQUA: One swimming lane will be in operation for adult swimming during scheduled AQUA classes.
- Swimming lessons will be conducted in lane three only and will be unavailable for member use during a lesson.
- Terms and conditions. The timetable is subject change and is based on Instructor availability.