# The Bannatyne Group Limited

Power House, Haughton Road, Darlington, County Durham, DL1 1ST

**Location: Health clubs PHASE 1** 

Title: COVID-19 transmission HC GENERIC	Date of Assessment : 18/06/2020	Risk Assessor : Denise Din
Risk Assessment Reference : COVID-19 PHASE 1	People involved in making this assessment : Graham Hill, Steve Hancock, Karl Kerin, Denise Din, Emma Bourne (Woking Environmental Health, EHO/PA officer)	
Task/ Process: Re-opening Health Clubs during COVID-19 Pandemic	People at Risk : Employees, Contractors, Visitors, Members	

Hazard: COVID-19 TRANSMISSION GENERAL STRATEGY IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

#### **Control Measures:**

- 1. PEOPLE WILL NOT BE PERMITTED TO ENTER THE SITE WHO HAVE COVID-19 SYMPTOMS SUCH AS A NEW COUGH, HIGH TEMP OR ANOSMIA
- 2. TEMPERATURE SCREENING FOR EVERYBODY WHO ENTERS SITE, ACCESS DENIED FOR THOSE WITH FOREHEAD TEMPERATURE GREATER THAN 35.6 DEGREES CELSIUS
- 3. ENSURE THOSE ENTERING THE SITE MAINTAIN CLEAN HANDS, BY PROVIDING GUIDANCE ON HANDWASHING AND PROVIDING ADDITIONAL HAND SANITISER DISPENSERS AT KEY LOCATIONS AROUND THE FACILITY
- 4. INCREASED CLEANING AND DISINFECTION OF OBJECTS AND SURFACES THAT ARE TOUCHED REGULARLY AT A MINIMUM OF TWO HOURLY INTERVALS WITH A VIRUCIDAL DISINFECTANT WHICH MEETS BS EN14476 WILL TAKE PLACE
- 5. FACILITY ANNOUNCEMENTS REMINDING PEOPLE TO WASH OR SANITISE THEIR HANDS, KEEP TWO METERS APART AND CLEAN AS THEY USE # CLEANING IS THE NEW COOL DOWN
- ADDITIONAL CLEANING STATIONS PROVIDED AT KEY LOCATIONS AROUND THE FACILITY TO PROMOTE A CLEAN AS YOU USE MESSAGE
- 7. A SUITE OF SIGNAGE WILL BE IN PLACE TO PROMOTE SOCIAL DISTANCING AND ENSURING THE SITE EQUIPMENT IS SPACED OUT TO FACILITATE. THIS
- 8. ALL MEMBERS WILL SIGN IN AND ALL STAFF ON SHIFT WILL BE RECORDED VIA DEPUTY ALLOWING FULL DETAILS TO BE RECALLED IN THE EVENT OF NEEDING TO TRACK AND TRACE FOLLOWING A COVID-19 INCIDENT
- 9. THE FACILITY WILL REMAIN WELL VENTILATED TO REDUCE THE TRANSMISSION RISK EVEN FURTHER, INITIALLY FACILITIES WILL OPERATE WITH 100% FRESH AIR BEING DRAWN IN THROUGH THE AIR HANDLING UNITS
- 10. TOWELS WILL NOT BE PROVIDED FOR MEMBERS USE TO REDUCE THE EXPOSURE TO EMPLOYEES HANDLING THESE
- 11. THE NUMBER OF PEOPLE USING THE FACILITY WILL BE REDUCED TO FACILITATE SOCIAL DISTANCING AND REDUCE THE RISK OF POSSIBLE TRANSMISSION
- 12. ANY D6 ADVERTISING SCREENS WILL SHOW MEDIA REMINDING USERS OF THE COVID-19 TRANSMISSION REDUCTION STRATEGY

Hazard: COVID -19 TRANSMISSION ENTERING THE CLUB IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED



- 1. ANY MEMBERS WAITING TO GET INTO THE FACILITY WILL BE MANAGED WITH FLOOR MARKINGS AND SIGNAGE ADVISING WHERE TO WAIT AND TO KEEP 2 METERS APART
- 2. ENTRY INTO THE FACILITY WILL BE SEPARATED FROM THE EXIT ROUTE OF THE FACILITY TO MAINTAIN SOCIAL DISTANCING
- 3. INCREASED DISINFECTION OF COMMON TOUCH POINTS AT A MINIMUM OF TWO HOURLY INTERVALS WITH A VIRUCIDAL DISINFECTANT WHICH MEETS BS EN 14476 WILL TAKE PLACE
- 4. EMPLOYEES OPENING THE FACILITY WILL ARRIVE 30 MINUTES BEFORE MEMBERS ARE ALLOWED TO ENTER THE SITE
- 5. SIGNAGE WILL BE DISPLAYED IN A PROMINENT LOCATION STATING TO STAY AWAY IF:- you have been instructed to isolate or if you are displaying any of the following symptoms: you have lost your sense of taste and/or smell a continuous cough a high temperature
- 6. ANY DOORS TO ENTER/EXIT THE FACILITY WHICH ARE NOT AUTOMATIC WILL BE SECURED IN AN OPEN POSITION TO AVOID ADDITIONAL TOUCH POINTS AND AID VENTILATION
- 7. IF THERE IS ONLY ONE ENTRY/EXIT ROUTE INTO THE FACILITY, SIGNAGE AND FLOOR MARKINGS WILL BE IN PLACE ADVISING MEMBERS THEY MUST GIVE WAY TO THOSE EXITING

Hazard: COVID-19 TRANSMISSION FOYER AREA IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

# **Control Measures:**

- 1. A HAND SANITISER DISPENSER POINT WILL BE PROVIDED BEFORE ENTRY INTO CLUB (TURNSTILES) EVERYONE MUST SANITISE THEIR HANDS BEFORE PASSING THROUGH THE TURNSTILES, SIGNAGE ON HOW TO USE THE SANITISER WILL BE IN PLACE
- 2. INCREASED DISINFECTION OF COMMON TOUCH POINTS AT A MINIMUM OF TWO HOURLY INTERVALS WITH A VIRUCIDAL DISINFECTANT WHICH MEETS BS EN14476 WILL TAKE PLACE
- 3. ALL PEOPLE VISITING THE SITE WILL BE RECORDED AND DETAILS RETAINED IN ORDER TO TRACK AND TRACE (IF REQUIRED)
- 4. SIGNAGE WILL BE IN PLACE REMINDING THOSE WITH SYMPTOMS NOT TO USE FACILITY. SIGNAGE AND/OR FLOOR MARKERS WILL BE IN PLACE TO REMIND PEOPLE TO KEEP 2 METERS APART
- 5. THE HOST WILL BE RESPONSIBLE FOR TEMPERATURE SCREENING ANYONE ENTERING THE CLUB, DIRECTING THEM TO SANITISE THEIR HANDS AND ENSURING MAXIMUM CAPACITY IS NOT EXCEEDED
- 6. A HOST WILL BE PRESENT IN THE FOYER AREA. THIS PERSON WILL WEAR LEVEL 2 PPE AT ALL TIMES AS STATED IN RISK MITIGATION PLAN (RMP)

Hazard: COVID-19 TRANSMISSION OFFICES IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

- 1. OFFICES WILL BE USED BY ONE EMPLOYEE ONLY
- 2. IN OFFICES WITH CAPACITY TO ACCOMODATE MORE THAN ONE EMPLOYEE, THE EMPLOYEES WILL WORK FACING AWAY FROM EACH OTHER (BACK TO BACK) AND MAINTAIN 2 METERS DISTANCE
- 3. EMPLOYEES WILL HAVE THEIR OWN EQUIPMENT



- 4. EMPLOYEES WILL WASH THEIR HANDS WITH SOAP AND WATER FOR AT LEAST 20 SECONDS AT THE NEAREST WASH HAND BASIN FREQUENTLY THROUGHOUT THE DAY
- 5. INCREASED DISINFECTION OF COMMON TOUCH POINTS A MINIMUM OF TWO HOURLY INTERVALS WITH A VIRUCIDAL DISINFECTANT SANOSIL WHICH MEETS BS EN14476 WILL TAKE PLACE
- 6. BRAKES HARD SURFACE SANITISER IN A TRIGGER BOTTLE AND PAPER TOWEL WILL BE READILY AVAILABLE IN ALL OFFICE SPACES TO FACILITATE EXTRA CLEANING
- 7. EMPLOYEES WILL ADHERE TO THE CLEAN AS YOU USE SYSTEM, CLEANING EQUIPMENT BEFORE AND AFTER USE

Hazard: COVID-19 TRANSMISSION RECEPTION IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

# **Control Measures:**

- 1. A LINE ONE METER AWAY FROM THE CUSTOMER FACING EDGE OF THE RECEPTION COUNTER WILL BE MARKED (ALL THE WAY AROUND THE TOTAL COUNTER)
- 2. A SECOND LINE WILL BE MARKED IN BEHIND THE RECEPTION COUNTER ONE METER AWAY FROM THE CUSTOMER FACING EDGE OF THE RECEPTION COUNTER (TAKING INTO ACCOUNT THE WIDTH OF THE COUNTER ITSELF)
- 3. INCREASED DISINFECTION OF COMMON TOUCH POINTS AT A MINIMUM OF TWO HOURLY INTERVALS WITH A VIRUCIDAL DISINFECTANT SANOSIL WHICH MEETS BS EN14476 WILL TAKE PLACE
- 4. REMOVE THE VISITOR BOOK FROM THE RECEPTION COUNTER, THE VISIT WILL BE RECORDED BY THE EMPLOYEE ON BEHALF OF THE VISITOR. ALL VISITORS MUST BE RECORDED AND TEMPERATURE SCREENED
- 5. COMPETENT AND TRAINED EMPLOYEES SHOULD COMPLETE THE PERMISSION TO WORK ON BEHALF ON THE CONTRACTOR. THE CONTRACTOR WILL BE REQUIRED TO COMPLETE A PERMIT TO WORK & SIGN USING THEIR OWN PEN, AFTER EXCHANGE OF THIS DOCUMENT THE EMPLOYEES HAND MUST BE WASHED OR SANITISED.
- 6. EMPLOYEES WILL WASH THEIR HANDS WITH SOAP AND WATER FOR AT LEAST 20 SECONDS AT THE NEAREST WASH HAND BASIN FREQUENTLY THROUGHOUT THE DAY
- 7. A BRAKES HARD SURFACE SANITISER IN A TRIGGER BOTTLE AND PAPER TOWEL WILL BE READILY AVAILABLE BEHIND RECEPTION TO FACILITATE EXTRA CLEANING
- 8. EMPLOYEES WILL ADHERE TO THE CLEAN AS YOU USE SYSTEM. CLEANING EQUIPMENT BEFORE AND AFTER USE
- 9. SIGNAGE WILL BE IN PLACE REMINDING PEOPLE NOT TO CROSS THE LINE UNLESS DIRECTED TO DO SO BY AN EMPLOYEE AND NOT BEFORE THE EMPLOYEE MOVES TO THEIR SAFE SPACE
- 10. NO CASH WILL BE HANDLED PAYMENTS USING CARDS OR WRIST BAND WILL ONLY BE ACCEPTED
- 11. A SAFE SPACE WILL BE MARKED BEHIND THE RECEPTION COUNTER WHERE THE EMPLOYEE MUST STAND IF SOMEONE IS STOOD AT THE CUSTOMER FACING EDGE OF THE RECEPTION COUNTER (FOR EXAMPLE MAKING A WRISTBAND PAYMENT) THIS WILL ENSURE 2 M IS MAINTAINED

Hazard: COVID-19 TRANSMISSION CAFE BAR IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED



- 1. A LINE ONE METER AWAY FROM THE CUSTOMER FACING EDGE OF THE CAFE BAR COUNTER WILL BE MARKED (ALL THE WAY AROUND THE TOTAL COUNTER)
- 2. A SECOND LINE WILL BE MARKED IN BEHIND THE CAFE BAR COUNTER ONE METER AWAY FROM THE CUSTOMER FACING EDGE OF THE CAFE BAR COUNTER (TAKING INTO ACCOUNT THE WIDTH OF THE COUNTER ITSELF)
- 3. A SAFE SPACE WILL BE MARKED BEHIND THE RECEPTION COUNTER WHERE THE EMPLOYEE MUST STAND IF SOMEONE IS STOOD AT THE CUSTOMER FACING EDGE OF THE RECEPTION COUNTER (FOR EXAMPLE MAKING A WRISTBAND PAYMENT)
- 4. NO CASH WILL BE HANDLED PAYMENTS USING CARDS OR WRIST BAND WILL ONLY BE ACCEPTED
- 5. FREQUENT DISINFECTION OF COMMON TOUCH POINTS WITH IN FOOD CATERING AREAS AT A MINIMUM OF TWO HOURLY INTERVALS WITH BRAKES HARD SURFACE SANITISER WHICH MEETS BS EN 1276 IN A TRIGGER BOTTLE AND PAPER TOWEL
- 6. SOAP AND PAPER TOWELS AND GUIDANCE WILL BE PROVIDED AND MAINTAINED AT ALL WASH HAND BASINS AND EMPLOYEES WILL WASH THEIR HANDS WITH SOAP AND WATER FOR AT LEAST 20 SECONDS FREQUENTLY THROUGHOUT THE DAY
- 7. INCREASED DISINFECTION OF COMMON TOUCH POINTS (EXCLUDING FOOD CATERING AREAS) AT A MINIMUM OF TWO HOURLY INTERVALS WITH A VIRUCIDAL DISINFECTANT SANOSIL WHICH MEETS BS EN 14476.
- 8. THE FACILITY OPERATES AS A FULL CATERING SITE THEREFORE PLEASE REFER TO THE SEPARATE RA FOR THIS FACILITY
- 9. FOOD OR ITEMS BEING PASSED FROM THE KITCHEN TO FRONT OF HOUSE SHOULD BE PUT IN THE COLLECTION ZONE SO EMPLOYEES CAN MAINTAIN 2. METERS
- 10. ASK CUSTOMERS NOT TO RETURN EMPTY GLASSES AND CUPS TO THE COUNTER HOWEVER THESE CAN BE LEFT ON THE DESIGNATNATED TABLE OR THEIR OWN TABLE
- 11. ASK CUSTOMERS TO AVOID WAITING AT THE COUNTER ANY QUES FOR SERVICE WILL BE SUBJECT TO 2 METERS SOCIAL DISTANCING
- 12. SELF SERVICE ITEMS WILL BE KEPT TO A MINIMUM
- 13. ANY PLAY AREAS CONNECTED TO CAFE BARS WILL REMAIN CLOSED
- 14. THE USE OF OUTSIDE AREAS FOR EATING AND DRINKING WILL BE UTILISED AS MUCH AS POSSIBLE, ANY TABLES AND CHAIRS IN THESE AREAS WILL BE 2 METERS APART TO ENSURE SOCIAL DISTANCING
- 15. ALL TABLES/CHAIRS WILL BE A MINIMUM OF 2 METERS APART TO ENSURE SOCIAL DISTANCING
- 16. NAMES AND CONTACT NUMBERS OF ANY GUESTS EATING AT THE FACILITIES THAT ARE NOT MEMBERS WILL BE TAKEN AND KEPT FOR A MINIMUM OF 21 DAYS THESE WILL BE HELD IN ACCORDANCE WITH DATA PROTECTION RULES
- 17. EACH TABLE AND CHAIRS WILL BE DISINFECTED AFTER USE AND BEFORE THE NEXT CUSTOMER WITH A VIRUCIDAL DISINFECTANT SANOSIL WHICH MEETS BS EN 14476.
- 18. THERE ARE NO CAFE BAR FACILITIES.
- 19. SOFAS/TABLES WILL BE SPACED OUT TO FACILITATE SOCIAL DISTANCING AND SIGNAGE WILL BE IN PLACE REMINDING MEMBERS TO KEEP 2 METERS APART.
- 20. EMPLOYEES WILL ADHERE TO THE CLEAN AS YOU USE SYSTEM FOR CLEANING EQUIPMENT AND FOOD AREAS IN CAFE BAR WITH THE BRAKES HARD SURFACE SANITISER (FOOD SAFE)
- 21. ALL CAFE BAR EMPLOYEES MUST WEAR A CLEAN CLOTH APRON WHICH WILL BE COVERED WITH A DISPOSABLE APRON WHEN COLLECTING USED CROCKERY, REMOVING RUBBISH OR LOADING DISHWASHERS ETC.



- 22. NO NEWSPAPERS/MAGAZINES ETC WILL BE PROVIDED.
- 23. MEMBERS WILL BE ASKED NOT TO PLACE USED CROCKERY/CUTLERY BACK ON THE COUNTER A DESIGNATED CAFE BAR TABLE WILL BE HIGHLIGHTED FOR THIS PURPOSE
- 24. TABLE SERVICE WILL NOT BE AVAILABLE ORDERS WILL BE PLACED ON THE COUNTER AT A DESIGNATED COLLECTION POINT FROM WHICH THE EMPLOYEE CAN STEP AWAY INTO THEIR SAFE SPACE
- 25. NO TABLE MENUS, CONDIMENTS, CUTLERY OR OTHER ITEMS WILL BE LEFT OUT FOR MEMBERS. EVERYTHING WILL BE DISTRIBUTED FROM THE COUNTER TO INDIVIDUALS WHEN THEY COLLECT THEIR ORDER. ANY REUSABLE CONDIMENTS HANDED OUT WILL BE DISINFECTED ON RETURN
- 26. IF THERE IS MORE THAN ONE EMPLOYEE STATIONED AT THE CAFE BAR, ANY BACK OF HOUSE KITCHEN/STORAGE ZONES WILL BE ALLOCATED TO A DESIGNATED EMPLOYEE AS THEIR WORKSPACE (FOR EXAMPLE BOTH EMPLOYEES AT FRONT OF HOUSE SHOULD NOT BOTH FETCH ITEMS FROM THE STORE IT MUST BE ONE PERSONS ROLE)
- 27. THE AREA BEHIND THE CAFE BAR COUNTER WILL BE DIVIDED INTO ZONE SO IF THERE IS MORE THAN ONE EMPLOYEE THEY CAN MAINTAIN TWO METERS APART. THE EMPLOYEES ROLES WILL BE DIVIDED SO THEY DO NOT CROSS OVER (FOR EXAMPLE EMPLOYEE X WILL TAKE ORDERS AND MONEY WHILST EMPLOYEE Y PREPARES ITEM)
- 28. SIGNAGE WILL BE IN PLACE REMINDING PEOPLE NOT TO CROSS THE LINE UNLESS DIRECTED TO DO SO BY AN EMPLOYEE AND NOT BEFORE THE EMPLOYEE MOVES TO THEIR SAFE SPACE

Hazard: COVID-19 TRANSMISSION USE OF LIFT IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

# **Control Measures:**

- 1. SIGNAGE WILL BE IN PLACE REMINDING MEMBERS TO KEEP 2 METERS APART, THIS WILL MEAN ONLY ONE PERSON AT ONE TIME CAN USE THE LIFT
- 2. INCREASED DISINFECTION OF COMMON TOUCH POINTS A MINIMUM OF TWO HOURLY INTERVALS WITH A VIRUCIDAL DISINFECTANT SANOSIL WHICH MEETS BS EN 14476 WILL TAKE PLACE

Hazard: COVID-19 TRANSMISSION STAFF REST AREAS IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

- 1. STAFF REST AREAS WILL BE USED BY ONE EMPLOYEE AT A TIME ONLY
- 2. IN AREAS WITH CAPACITY TO ACCOMODATE MORE THAN ONE EMPLOYEE, THE EMPLOYEES WILL ENSURE THEY MAINTAIN 2 METERS APART AT ALL TIMES
- 3. EMPLOYEES WILL ADHERE TO THE CLEAN AS YOU USE SYSTEM. CLEANING EQUIPMENT BEFORE AND AFTER USE
- 4. A BRAKES HARD SURFACE SANITISER IN A TRIGGER BOTTLE AND PAPER TOWEL WILL BE READILY AVAILABLE TO FACILITATE EXTRA CLEANING
- 5. SOAP AND PAPER TOWELS WILL BE PROVIDED AND MAINTAINED AT ALL SINKS IN STAFF REST AREAS
- 6. STAFF USING THE FRIDGE IN THE REST AREA SHOULD ENSURE THAT THEY WIPE DOWN THEIR PACKAGING OR CONTAINERS WITH BRAKES SANITISER BEFORE PLACING IT IN THE FRIDGE AND PROCEEDING TO WASH OR SANITISE THEIR HANDS
- 7. INCREASED DISINFECTION OF COMMON TOUCH POINTS A MINIMUM OF TWO HOURLY INTERVALS WITH A VIRUCIDAL DISINFECTANT SANOSIL WHICH MEETS BS EN 14476 WILL TAKE PLACE



Hazard: COVID-19 TRANSMISSION WC FACILITIES IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

# **Control Measures:**

- SIGNAGE AND/OR FLOOR MARKERS WILL BE IN PLACE TO REMIND PEOPLE TO KEEP 2 METERS APART
- 2. ADEQUATE SUPPLIES OF SOAP AND PAPER TOWEL WILL BE PROVIDED AND MAINTAINED AT WASH HAND BASINS (PAPER TOWEL WHERE NO HAND DRYER IS IN PLACE)
- 3. INCREASED DISINFECTION OF COMMON TOUCH POINTS A MINIMUM OF TWO HOURLY INTERVALS WITH A VIRUCIDAL DISINFECTANT WHICH MEETS BS EN 14476 WILL TAKE PLACE
- 4. SIGNAGE WILL BE IN PLACE ADVISING MEMBERS THEY MUST GIVE WAY TO THOSE EXITING THE FACILITY
- SIGNAGE WILL BE IN PLACE TO INDICATE EFFECTIVE HAND WASHING PROCEDURES

Hazard: COVID-19 TRANSMISSION CORRIDORS/STAIRCASES IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

# **Control Measures:**

- 1. SIGNAGE AND/OR FLOOR MARKERS WILL BE IN PLACE TO REMIND PEOPLE TO KEEP 2 METERS APART AND WHICH SIDE TO STAY ON IF THEY CANNOT MAINTAIN 2 METERS
- 2. SIGNAGE WILL BE IN PLACE ADVISING MEMBERS THEY MUST GIVE WAY TO THOSE EXITING THE AREA (FOR EXAMPLE COMING DOWN THE STAIRS)
- 3. INCREASED DISINFECTION OF COMMON TOUCH POINTS A MINIMUM OF TWO HOURLY INTERVALS WITH A VIRUCIDAL DISINFECTANT SANOSIL WHICH MEETS BS EN 14476 WILL TAKE PLACE

Hazard: COVID-19 TRANSMISSION CHANGING ROOMS IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

- 1. SIGNAGE AND/OR FLOOR MARKERS WILL BE IN PLACE TO REMIND PEOPLE TO KEEP 2 METERS APART WHERE POSSIBLE
- 2. LOCKER NUMBERS WILL BE REDUCED BY LOCKING OFF ALTERNATIVE LOCKERS IN ORDER TO REDUCE TOUCH POINTS, AREAS THAT NEED CLEANING AND TO ENSURE NO ONE IS DIRECTLY NEXT TO ANOTHER PERSON
- 3. AN EMPLOYEE WEARING LEVEL 2 PPE (AS STATED IN RMP) WILL BE PRESENT IN THE MALE AND FEMALE CHANGING ROOMS (WHEREVER POSSIBLE) TO ENSURE SOCIAL DISTANCING AND OTHER RULES ARE ADHERED TO
- 4. INCREASED DISINFECTION OF COMMON TOUCH POINTS A MINIMUM OF TWO HOURLY INTERVALS WITH A VIRUCIDAL DISINFECTANT SANOSIL WHICH MEETS BS EN 14476 WILL TAKE PLACE
- 5. SIGNAGE WILL BE IN PLACE ADVISING MEMBERS THEY MUST GIVE WAY TO THOSE EXITING THE AREA
- 6. MEMBERS WILL BE ENCOURAGED TO ARRIVE ALREADY IN THEIR KIT SO REDUCE THE NUMBERS USING THE CHANGING ROOMS.
- 7. SIGNAGE WILL BE IN PLACE AT WASH HAND BASINS TO INDICATE EFFECTIVE HAND WASHING PROCEDURES
- 8. ADEQUATE SUPPLIES OF SOAP WILL BE PROVIDED AND MAINTAINED AT WASH HAND BASINS AND PAPER TOWEL WHERE NO HAND DRYER IS IN PLACE.



- 9. SHOWER NUMBERS WILL BE REDUCED BY TAKING OUT OF USE ALTERNATIVE SHOWERS TO FACILITATE EXTRA CLEANING AND REDUCE TOUCH POINTS
- 10. A CLEANING STATION WILL BE AVAILABLE TO FACILITE THE CLEAN AS YOU USE SYSTEM

Hazard: COVID-19 TRANSMISSION FAMILY CHANGE IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

# **Control Measures:**

- 1. SIGNAGE AND/OR FLOOR MARKERS WILL BE IN PLACE TO REMIND PEOPLE TO KEEP 2 METERS APART WHERE POSSIBLE
- 2. A CLEANING STATION WILL BE AVAILABLE TO FACILITATE THE CLEAN AS YOU USE SYSTEM
- 3. INCREASED DISINFECTION OF COMMON TOUCH POINTS A MINIMUM OF TWO HOURLY INTERVALS WITH A VIRUCIDAL DISINFECTANT SANOSIL WHICH MEETS BS EN 14476 WILL TAKE PLACE
- 4. SIGNAGE WILL BE IN PLACE ADVISING MEMBERS THEY MUST GIVE WAY TO THOSE EXITING THE AREA
- SIGNAGE WILL BE IN PLACE AT WASH HAND BASINS TO INDICATE EFFECTIVE HAND WASHING PROCEDURES
- 6. ADEQUATE SUPPLIES OF SOAP AND PAPER TOWEL WILL BE PROVIDED AND MAINTAINED AT WASH HAND BASINS (PAPER TOWEL WHERE NO HAND DRYER IS IN PLACE)
- 7. LOCKER NUMBERS WILL BE REDUCED BY LOCKING OFF ALTERNATIVE LOCKERS IN ORDER TO REDUCE AREAS THAT NEED CLEANING AND TO ENSURE NO ONE IS DIRECTLY NEXT TO ANOTHER PERSON

Hazard: COVID-19 TRANSMISSION USE OF POOL IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

# **Control Measures:**

- 1. THE MAXIMUM CAPACITY OF THE POOL WILL BE MANAGED TO FACILITATE SOCIAL DISTANCING
- 2. THE DISINFECTION LEVELS OF THE POOL WATER REMAIN IN PARAMETER AT ALL TIMES TO ENSURE ADEQUATE DISINFECTION IS MAINTAINED
- 3. ENTRY INTO THE POOL WILL BE MANAGED BY ASKING PEOPLE TO GET STRAIGHT INTO THE WATER AND REMOVING POOL SIDE FURNITURE TO REDUCE CLEANING AND TOUCH POINTS
- 4. A ONE WAY SYSTEM AROUND THE POOL PERIMETER WILL BE ARRANGED AND DESIGNATED STEPS FOR ENTRY (SIDE CLOSEST CHANGING ROOMS) AND EXIT FROM THE POOL WATER (STEPS FAREST AWAY) WILL BE MAINTAINED (WHERE POSSIBLE)
- 5. SIGNAGE IN PLACE NEAR TO STAIRS INTO/OUT OF POOL WATER TO REMIND MEMBERS TO GIVE WAY TO THOSE EXITING THE AREA
- SIGNAGE AND/OR FLOOR MARKERS WILL BE IN PLACE TO REMIND PEOPLE TO KEEP 2 METERS APART
- 7. INCREASED DISINFECTION OF COMMON TOUCH POINTS A MINIMUM OF TWO HOURLY INTERVALS WITH A VIRUCIDAL DISINFECTANT SANOSIL WHICH MEETS BS EN 14476 WILL TAKE PLACE

Hazard: COVID-19 TRANSMISSION POOLSIDE SHOWERS IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED



- 1. SIGNAGE AND/OR FLOOR MARKERS WILL BE IN PLACE TO REMIND PEOPLE TO KEEP 2 METERS APART
- 2. FREQUENT DISINFECTION OF COMMON TOUCH POINTS A MINIMUM OF TWO HOURLY INTERVALS WITH A VIRUCIDAL DISINFECTANT WHICH MEETS BS EN14476

Hazard: COVID-19 TRANSMISSION USE OF SAUNA IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

# **Control Measures:**

1. FACILITY CLOSED

Hazard: COVID-19 TRANSMISSION USE OF STEAM ROOM IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

# **Control Measures:**

1. FACILITY CLOSED

Hazard: COVID-19 TRANSMISSION SPA POOL IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

# **Control Measures:**

1. FACILITY CLOSED

Hazard: COVID-19 TRANSMISSION USE OF BUBBLE POOL IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

#### **Control Measures:**

- 1 THE DISINFECTION LEVELS OF THE POOL WATER REMAIN IN PARAMETER AT ALL TIMES TO ENSURE ADEQUATE DISINFECTION IN MAINTAINED.
- 2. SIGNAGE WILL BE IN PLACE TO REMIND MEMBERS TO GIVE WAY TO THOSE EXITING THE AREA
- SIGNAGE AND/OR FLOOR MARKERS WILL BE IN PLACE TO REMIND PEOPLE TO KEEP 2 METERS APART

Hazard: COVID-19 TRANSMISSION SPIN STUDIO IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

- 1. THE MAXIMUM CAPACITY OF THE SPIN STUDIO WILL BE REDUCED TO FACILITATE SOCIAL DISTANCING, REMOVE OR STACK TO THE SIDE ANY BIKES THAT HAVE BEEN TAKEN OUT OF USE SO MEMBERS REMAIN 2 METERS APART WHEN USING THE BIKES
- 2. A CLEANING STATION WILL BE AVAILABLE TO FACILITATE THE CLEAN AS YOU USE SYSTEM AND CLEANING BIKES WILL PROMPTED BY THE INSTRUCTOR AT THE START OF THE CLASS



- 3. CLASS FREQUENCY WILL BE REDUCED TO ALLOW DISINFECTION OF FACILITIES (FLOOR, EQUIPMENT AND COMMON TOUCH POINTS) WITH A VIRUCIDAL DISINFECTANT SANOSIL (BS EN 14476) AFTER EVERY CLASS
- 4. SIGNAGE AND/OR FLOOR MARKERS WILL BE IN PLACE TO REMIND PEOPLE TO KEEP 2 METERS APART
- 5. THE CLASS TIMETABLE HAS BEEN SUITABLY SPREAD OUT TO ALLOW MEMBERS TO GO DIRECTLY INTO THE SPIN STUDIO, CLEAN THEIR EQUIPMENT AND AVOID QUEING OUTSIDE
- 6. CLASS FREQUENCY WILL BE REDUCED TO ALLOW DISINFECTION OF FACILITIES (FLOOR, EQUIPMENT AND COMMON TOUCH POINTS) WITH A VIRUCIDAL DISINFECTANT SANOSIL (BE EN 14476) AFTER EVERY CLASS
- 7. ENSURE THOSE ENTERING THE STUDIO MAINTAIN CLEAN HANDS, BY PROVIDING ADDITIONAL HAND SANITISER DISPENSERS AT KEY LOCATIONS AROUND THE FACILITY
- 8. ON COMPLETION OF THE CLASS THE INSTRUCTOR WILL ASK PARTICIPANTS TO LEAVE IN ROWS OR SMALL GROUPS SO CORRIDORS STAIRCASES DO NOT BECOME OVERLOADED

Hazard: COVID-19 TRANSMISSION STUDIOS IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

# **Control Measures:**

- 1. THE MAXIMUM CAPACITY OF THE STUDIO WILL BE REDUCED TO FACILITATE SOCIAL DISTANCING REMOVE/LOCK AWAY ANY EQUIPMENT ABOVE WHAT IS NEEDED FOR THE MAXIMUM NUMBER IN A CLASS TO REDUCE CLEANING AND TOUCH POINTS
- 2. A CLEANING STATION WILL BE AVAILABLE TO FACILITATE THE CLEAN AS YOU USE SYSTEM AND CLEANING BE PROMPTED BY THE INSTRUCTOR AT THE START OF THE CLASS
- 3. CLASS FREQUENCY WILL BE REDUCED TO ALLOW DISINFECTION OF FACILITIES (FLOOR, EQUIPMENT AND COMMON TOUCH POINTS) WITH A VIRUCIDAL DISINFECTANT SANOSIL (BE EN 14476) AFTER EVERY CLASS
- 4. SIGNAGE AND/OR FLOOR MARKERS WILL BE IN PLACE TO REMIND PEOPLE TO KEEP 2 METERS APART AND THE INSTRUCTOR WILL REMIND PARTICIPANTS OF THIS THROUGHOUT THE CLASS
- 5. THE CLASS TIMETABLE HAS BEEN SUITABLY SPREAD OUT TO ALLOW MEMBERS TO GO DIRECTLY INTO THE STUDIO, CLEAN THEIR EQUIPMENT AND AVOID QUEING OUTSIDE
- 6. ON COMPLETION OF THE CLASS THE INSTRUCTOR WILL ASK PARTICIPANTS TO LEAVE IN ROWS OR SMALL GROUPS SO CORRIDORS STAIRCASES DO NOT BECOME OVERLOADED
- 7. ON COMPLETION OF THE CLASS THE INSTRUCTOR WILL ASK PARTICIPANTS TO LEAVE ALL EQUIPMENT OUT SO IT CAN BE CLEANED BY EMPLOYEES WITH A VIRUCIDAL DISINFECTANT SANOSIL BEFORE BEING PUT AWAY
- 8. ENSURE THOSE ENTERING THE STUDIO MAINTAIN CLEAN HANDS, BY PROVIDING ADDITIONAL HAND SANITISER DISPENSERS AT KEY LOCATIONS AROUND THE FACILITY

Hazard: COVID-19 TRANSMISSION GYM FLOOR IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

**Control Measures:** 

Business

Health & safety
made simple Safe

- 1. THE MAXIMUM CAPACITY OF THE GYM FLOOR WILL BE REDUCED TO FACILITATE SOCIAL DISTANCING. ALTERNATIVE PIECES OF CV EQUIPMENT MUST BE TAKEN OUT OF USE (UNLESS FURTHER THAN 2 M AWAY FROM OTHER PIECES OF KIT). USE SIGNAGE/ UN-PLUG THE MACHINE THAT ARE NOT AVAILABLE SO IT IS CLEAR IT IS NOT IN USE
- 2. ALL EQUIPMENT INCLUDING RESISTANCE KIT MUST BE 2 METERS APART FROM THE CENTRE POINT OF THE SEAT TO THE CENTRE POINT OF THE SEAT NEAREST. ANY EQUIPMENT WHICH IS NOT 2 METERS AWAY FROM OTHER EQUIPMENT MUST BE TAKEN OUT OF USE
- 3. ANY WALKWAY ADJACENT TO EQUIPMENT MUST BE 2 METERS WIDE TO ALLOW THE MEMBER TO PASS BY OTHER MEMBERS USING THE EQUIPMENT AND STILL MAINTAIN SOCIAL DISTANCING
- 4. ARRANGE A ONE WAY SYSTEM AROUND THE GYM FLOOR THAT ALLOWS MEMBER TO ENTER AN AREA, MOVE IN ONE DIRECTION AND LEAVE VIA ANOTHER ROUTE (WHERE POSSIBLE)
- 5. AT LEAST ONE CLEANING STATION WILL BE AVAILABLE TO FACILITATE THE CLEAN AS YOU USE SYSTEM IN ADDITION TO EXTRA SIGNAGE AND ANNOUNCEMENTS/D6 SCREEN REMIND MEMBERS TO CLEAN DOWN
- 6. NO GROUP EXERCISE CLASSES WILL TAKE PLACE ON THE GYM FLOOR DUE TO REDUCED NUMBERS
- 7. ANY EQUIPMENT WHICH ALLOWS MORE THAN TWO MEMBERS TO USE IT SIMULTANEOUSLY WILL BE LIMITED TO ONE MEMBER (FOR EXAMPLE THE DUAL ASSISTED PULLEY) UNLESS 2 METERS CAN BE MAINTAINED
- 8. SIGNAGE AND/OR FLOOR MARKERS WILL BE IN PLACE TO REMIND PEOPLE TO KEEP 2 METERS APART, EMPLOYEES ON THE GYM FLOOR WILL ENFORCE SOCIAL DISTANCING
- 9. INCREASED DISINFECTION OF COMMON TOUCH POINTS AND EQUIPMENT AT A MINIMUM OF TWO HOURLY INTERVALS WITH A VIRUCIDAL DISINFECTANT SANOSIL WHICH MEETS BS EN 14476 WILL TAKE PLACE
- 10. "SPOTTING" FOR ANOTHER PERSON WILL NOT BE ALLOWED DUE TO SOCIAL DISTANCING
- 11. ENSURE THOSE ENTERING THE GYM MAINTAIN CLEAN HANDS, BY PROVIDING ADDITIONAL HAND SANITISER DISPENSERS AT KEY LOCATIONS AROUND THE FACILITY
- 12. VENTILATION WILL BE MAINTAINED AROUND THE SITE TO DRAW IN AS MUCH FRESH AIR AS ALLOWS

Hazard: COVID-19 TRANSMISSION RELAXATION ROOM IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

# **Control Measures:**

- 1. THE FACILITY IS NOT IN USE
- 2. ALTERNATIVE RELAXATION BEDS WILL BE TAKEN OUT OF USE TO FACILITATE SOCIAL DISTANCING APPROPRIATE SIGNAGE WILL BE DISPLAYED SO IT IS CLEAR THE ITEM IT IS NOT IN USE
- 3. INCREASED DISINFECTION OF COMMON TOUCH POINTS AT A MINIMUM OF TWO HOURLY INTERVALS WITH A VIRUCIDAL DISINFECTANT SANOSIL WHICH MEETS BS EN 14476 WILL TAKE PLACE. DO NOT USE SANOSIL ON THE SURFACE AREA OF THE BED
- 4. ALL DRINK/WATER STATIONS WILL BE REMOVED FROM THIS FACILITY. BOTTLE WATER WILL BE AVAILABLE TO PURCHASE
- 5. ALL NON ESSENTIAL LITERATURE WILL BE REMOVED FROM THIS AREA (EXAMPLE MAGAZINES, PRICELISTS)

Hazard: COVID-19 TRANSMISSION THERAPY SPA IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED



# **Control Measures:**

- 1. FACILITY CLOSED
- 2. ALL DRINK/WATER STATIONS WILL BE REMOVED FROM SPA FACILITY. BOTTLED WATER WILL BE AVAILABLE TO PURCHASE
- 3. INCREASED DISINFECTION OF COMMON TOUCH POINTS AND SURFACES AT A MINIMUM OF TWO HOURLY INTERVALS WITH A VIRUCIDAL DISINFECTANT SANOSIL WHICH MEETS BS EN 14476 WILL TAKE PLACE
- 4. TREATMENTS WILL NOT CARRIED OUT ON PEOPLE WHO ARE CONSIDERED IN THE HIGH RISK/VULNERABLE CATERGORY. THIS WILL BE COMMUNICATED AT POINT OF BOOKING AND ON THE WEBSITE
- 5. MEMBERS AND GUESTS WILL BE REQUIRED TO WEAR A FACE COVERING WHEN UNDERGOING CERTAIN RED CATEGORY SPA TREATMENTS THIS WILL BE COMMUNICATED TO THEM AT THE TIME OF BOOKING.
- 6. A REVISED TREATMENT MENU HAS BEEN CREATED TO STREAMLINE THE TREATMENT OFFERING. AND TREATMENTS CATEGORISED AS GREEN, AMBER AND RED. PROTOCOLS HAS BEEN CREATED TO ENSURE THE CORRECT PPE REQUIREMENTS ARE FOLLOWED. REFER TO COVID-19 TRANSMISSION SOP'S SPECIFIC TO SPA THERAPY.
- 7. PEOPLE WILL NOT BE PERMITTED TO ENTER THE SITE WHO HAVE COVID-19 SYMPTOMS SUCH AS A NEW COUGH, HIGH TEMP OR ANOSMIA. CLIENT SCREENING FOR THIS WILL TAKE PLACE PRIOR TO AN APPOINTMENT USING THE NEW ONLINE SPA CHECK IN.
- 8. AN ADDITIONAL 15 MINUTES HAS BEEN INCLUDED INTO ALL TREATMENT BOOKINGS TO ALLOW DISINFECTION OF TREATMENT ROOM FACILITIES (COUCH, EQUIPMENT AND COMMON TOUCH POINTS) WITH A VIRUCIDAL DISINFECTANT SANOSIL AFTER EVERY CUSTOMER.
- 9. HAND WASHING WILL TAKE PLACE BY THE SPA EMPLOYEE PRIOR TO EVERY TREATMENT AND AT THE END. THIS WILL TAKE PLACE IN FRONT OF THE MEMBER/GUEST IN THE TREATMENT ROOM.
- 10. HAND WASHING WILL TAKE PLACE BY THE MEMBER/GUEST PRIOR TO THE TREATMENT AND AT THE END. THIS WILL TAKE PLACE IN FRONT OF THE SPA EMPLOYEE IN THE TREATMENT ROOM
- 11. ALL POINT OF SALE TOUCH POINTS/ TESTER STANDS/ PRICE LISTS/ ETC WILL BE REMOVED FROM WITHIN THE SPA VICINITY TO REDUCE TOUCH POINTS AND FACILITATE CLEANING
- 12. NO NEWSPAPERS/MAGAZINES/= OR LITERATURE ETC WILL BE PROVIDED AS THESE CANNOT BE CLEANED EFFECTIVELY
- 13. NO CASH WILL BE HANDLED PAYMENTS USING CARDS OR WRIST BAND WILL ONLY BE ACCEPTED
- 14. A SAFE SPACE WILL BE MARKED BEHIND THE RECEPTION COUNTER WHERE THE EMPLOYEE MUST STAND IF SOMEONE IS STOOD AT THE CUSTOMER FACING EDGE OF THE RECEPTION COUNTER (FOR EXAMPLE MAKING A WRISTBAND PAYMENT)
- 15. SIGNAGE AND/OR FLOOR MARKERS WILL BE IN PLACE TO REMIND PEOPLE TO KEEP 2 METERS APART WHILST IN SPA RECEPTION AREAS.

Hazard: COVID-19 TRANSMISSION SPORT COURTS IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

- $\mid$  1. SIGNAGE AND/OR FLOOR MARKERS WILL BE IN PLACE TO REMIND PEOPLE TO KEEP 2 METERS APART AT ALL TIMES
- 2. SHARING OF EQUIPMENT WILL BE DISCOURAGED UNLESS USERS ARE FROM THE SAME HOUSEHOLD
- 3. THE FACILITY WILL NOT OPEN UNLESS SOCIAL DISTANCING CAN REMAIN IN PLACE AT ALL TIMES
- 4. AT LEAST ONE CLEANING STATION WILL BE AVAILABLE TO FACILITATE THE CLEAN AS YOU USE SYSTEM IN AND AROUND THE SPORTS COURTS



- 5. ENSURE THOSE ENTERING THE SPORTS COURTS MAINTAIN CLEAN HANDS, BY PROVIDING ADDITIONAL HAND SANITISER DISPENSERS AT KEY LOCATIONS AROUND THE FACILITY
- 6. ANY LOANED EQUIPMENT WILL BE DISINFECTED AFTER USE, USING A VIRUCIDAL DISINFECTANT SANOSIL WHICH MEETS BS EN 14476 AND BEFORE BEING LOANED OUT AGAIN
- 7. USERS OF THE SPORTS COURTS WILL BE ENCOURAGED TO ARRIVE CHANGED TO AVOID CREATING EXTRA PRESSURE ON THE CHANGING AREAS
- 8. ANYONE ARRIVING FOR A SPORTS COURT BOOKING WILL BE SUBJECT TO TEMPERATURE SCREENING

Hazard: COVID-19 TRANSMISSION CRECHE FACILITIES IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

# **Control Measures:**

1. FACILITY CLOSED

Hazard: COVID-19 TRANSMISSION SOFT PLAY AREA IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

# **Control Measures:**

1. FACILITY CLOSED

Hazard: COVID-19 FIRST AID PROVISION IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

# **Control Measures:**

- 1. LIFE PRESERVATION OVERRIDES THE RISK OF TRANSMISSION, THEREFORE IF SOMEONE NEEDS RESCUE BREATHS THESE SHOULD TAKE PLACE USING A FACE SHIELD.
- 2. A PERIOD OF THREE MONTHS EXTENSION AFTER THE EXPIRY OF A FIRST AID CERTIFICATE IS IN PLACE. OUTSIDE OF THE THREE MONTHS THE PERSON MUST UNDERTAKE REFRESHER TRAINING OR NOT BE INCLUDED AS A FIRST AIDER
- 3. A FIRST AID QUALIFIED EMPLOYEE WILL BE ON SITE AT ALL TIMES WHEN THE SITE IS OPERATIONAL

Hazard: COVID-19 TRANSMISSION LAUNDRY IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

# **Control Measures:**

1. FACILITY CLOSED

Hazard: COVID-19 TRANSMISSION OTHER AREAS IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED



1. INCREASED DISINFECTION OF ALL VENDING MACHINES COMMON TOUCH POINTS AT A MINIMUM OF TWO HOURLY INTERVALS WITH A VIRUCIDAL DISINFECTANT SANOSIL WHICH MEETS BS EN 14476 WILL TAKE PLACE

Hazard: COVID-19 TRANSMISSION SUNBED ROOM IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

# **Control Measures:**

- 1. BRAKES HARD SURFACE SANITISER AND PAPER TOWEL WILL BE AVAILABLE TO FACILITY "CLEAN AS YOU USE SYSTEM"
- 2. INCREASED DISINFECTION OF COMMON TOUCH POINTS IN THE SUNBED FACILITY AT A MINIMUM OF TWO HOURLY INTERVALS WITH A VIRUCIDAL DISINFECTANT SANOSIL WHICH MEETS BS EN 14476 WILL TAKE PLACE
- 3. FACILITY CLOSED

Hazard: COVID-19 TRANSMISSION MEZZANINE GYM FLOOR IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED

# **Control Measures:**

- 1. INCREASED DISINFECTION OF COMMON TOUCH POINTS AND EQUIPMENT AT A MINIMUM OF TWO HOURLY INTERVALS WITH A VIRUCIDAL DISINFECTANT SANOSIL WHICH MEETS BS EN 14476 WILL TAKE PLACE
- 2. ALL EQUIPMENT INCLUDING RESISTANCE KIT MUST BE 2 METERS APART FROM THE CENTRE POINT OF THE SEAT TO THE CENTRE POINT OF THE SEAT NEAREST. ANY EQUIPMENT WHICH IS NOT 2 METERS AWAY FROM OTHER EQUIPMENT MUST BE TAKEN OUT OF USE
- 3. AT LEAST ONE CLEANING STATION WILL BE AVAILABLE TO FACILITATE THE CLEAN AS YOU USE SYSTEM IN ADDITION TO EXTRA SIGNAGE AND ANNOUNCEMENTS/D6 SCREEN REMIND MEMBERS TO CLEAN DOWN
- 4. ANY EQUIPMENT WHICH ALLOWS MORE THAN TWO MEMBERS TO USE IT SIMULTANEOUSLY WILL BE LIMITED TO ONE MEMBER (FOR EXAMPLE THE DUAL ASSISTED PULLEY) UNLESS 2 METERS CAN BE MAINTAINED
- 5. SIGNAGE AND/OR FLOOR MARKERS WILL BE IN PLACE TO REMIND PEOPLE TO KEEP 2 METERS APART, EMPLOYEES WILL ENFORCE SOCIAL DISTANCING
- 6. ENSURE THOSE ENTERING THE MEZZANINE GYM FLOOR MAINTAIN CLEAN HANDS, BY PROVIDING ADDITIONAL HAND SANITISER DISPENSERS AT KEY LOCATIONS AROUND THE FACILITY
- 7. VENTILATION WILL BE MAINTAINED AROUND THE SITE TO DRAW IN AS MUCH FRESH AIR AS ALLOWS
- 8. THE MAXIMUM CAPACITY OF THE MEZZANINE FLOOR WILL BE REDUCED TO FACILITATE SOCIAL DISTANCING. ALTERNATIVE PIECES OF CV EQUIPMENT MUST BE TAKEN OUT OF USE (UNLESS FURTHER THAN 2 M AWAY FROM OTHER PIECES OF KIT). USE SIGNAGE/ UN-PLUG THE MACHINE THAT ARE NOT AVAILABLE SO IT IS CLEAR IT IS NOT IN USE
- 9. ANY WALKWAY ADJACENT TO EQUIPMENT MUST BE 2 METERS WIDE TO ALLOW THE MEMBER TO PASS BY OTHER MEMBERS USING THE EQUIPMENT AND STILL MAINTAIN SOCIAL DISTANCING
- 10. THE MEZZANINE GYM FLOOR WILL OPERATE A ONE WAY SYSTEM BEING ACCESSED ONLY BY THE REAR STAIRCASE AND LEAVING VIA THE MAIN CORE STAIRCASE

Hazard: COVID-19 TRANSMISSION SPEED FLEX STUDIO IF THE CONTROL MEASURES ARE NOT FOLLOWED THE RISK OF TRANSMISSION OF COVID-19 COULD BE INCREASED



- 1. INCREASED DISINFECTION OF COMMON TOUCH POINTS AND SURFACES AFTER EVERY CLASS WITH A VIRUCIDAL DISINFECTANT SANOSIL WHICH MEETS BS EN 14476 WILL TAKE PLACE
- 2. THE CLASS HAS BEEN REVISED SO THE PARTICIPANTS DO NOT MOVE TO NEXT STATION, EACH PARTICIPANT REMAINS ON THE SAME STATION THROUGH OUT THIS ACCOMMODATES 2M SOCIAL DISTANCING
- 3. A HAND SANITISER DISPENSER WILL BE AVAILABLE AT THE MAIN STAIRCASE (CORE) AND SIGNAGE IN PLACE STATING HOW TO USE CORRECTLY
- 4. A CLEANING STATION WILL BE AVAILABLE TO FACILITATE "CLEAN AS YOU USE SYSTEMS" AND PARTICIPANTS WILL BE PROMPTED TO CLEAN AT START OF CLASS
- 5. ALL EQUIPMENT IS 2 METERS APART, DURING A CLASS ALL PARTICIPANTS WILL MOVE TO THE MAT AT THE LEFT HAND SIDE SO SOCIAL DISTANCING IS MAINTAINED

Documents Associated with this Risk Assessment:	
Review Date : 01/06/2021	Reviewer: Denise Din

