

Health Club Christmas Opening Times	Monday Christmas Eve	Tuesday Christmas Day	Wednesday Boxing Day BH	Thursday/Friday 27th/28th	Saturday/Sunday 29th/30th	Monday New Year's Eve	Tuesday New Year's Day	Wednesday 2nd BH	Thursday 3rd
Aberdeen	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	10.00 - 18.00	Normal
Ashford	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Ayr	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	10.00 - 18.00	Normal
Banbury	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Barnsley	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Birmingham	08.00 - 16.00	Closed	Closed ●	Normal	Normal	08.00 - 16.00	Closed ●	Normal	Normal
Belfast	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Blackpool	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Braintree	08.00 - 16.00	Closed	Closed ●	Normal	Normal	08.00 - 18.00	10.00 - 18.00	Normal	Normal
Brindley Place	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Bristol	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Broadstairs	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Burton on Trent	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Cardiff	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Carlisle	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Chafford	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Charlton House	Normal	Normal	Normal	Normal	Normal	Normal	Normal	Normal	Normal
Chester le Street	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Chingford	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Bury St Edmunds	07.00 - 18.00	Closed	10.00 - 18.00	07.00 - 20.00	07.00 - 20.00	07.00 - 18.00	10.00 - 18.00	Normal	Normal
Kingsford Park	07.00 - 18.00	Closed	Closed ●	07.00 - 20.00	07.00 - 20.00	07.00 - 18.00	10.00 - 18.00	Normal	Normal
Colchester	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Coulby Newham	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Crewe	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Darlington	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Dumfries	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	10.00 - 18.00	Normal
Dunfermline	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	10.00 - 18.00	Normal
Durham	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Eastbourne	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Edinburgh	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	10.00 - 18.00	Normal
Fairfield	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Falkirk	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	10.00 - 18.00	Normal
Folkestone	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Grove Park	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Hastings	07.00 - 18.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 18.00	10.00 - 18.00	Normal	Normal
Humberston	08.00 - 16.00	Closed	Closed	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal



Members can use Maida Vale & Russell Square-RS only New Years Day



Members can use Brindley Place



Members can use Colchester

Health Club Christmas Opening Times	Monday Christmas Eve	Tuesday Christmas Day	Wednesday Boxing Day BH	Thursday/Friday 27th/28th	Saturday/Sunday 29th/30th	Monday New Year's Eve	Tuesday New Year's Day	Wednesday 2nd BH	Thursday 3rd
Ingleby Barwick	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Inverness	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	10.00 - 18.00	Normal
Leicester	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	Closed	Normal	Normal
Livingston	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	10.00 - 18.00	Normal
Lowestoft	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Luton	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Maida Vale	08.00 - 16.00	08.00 - 12.00	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Manchester Chep	08.00 - 16.00	Closed	Closed	Normal	Normal	08.00 - 16.00	Closed	Normal	Normal
Manchester Q	08.00 - 16.00	Closed	Closed	Normal	Normal	08.00 - 16.00	Closed	Normal	Normal
Manchester W	08.00 - 16.00	Closed	Closed	Normal	Normal	08.00 - 16.00	Closed	Normal	Normal
Mansfield	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Millbank	08.00 - 16.00	Closed ●	Closed ●	Normal	Normal	Closed ●	Closed ●	Normal	Normal
Milton Keynes	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
NCH	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	10.00 - 18.00	Normal
Newport	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Norwich	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Norwich West	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Orpington	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Perth	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	10.00 - 18.00	Normal
Peterborough	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Rotherham	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Russell Square	08.00 - 16.00	Closed ●	Closed ●	Closed	Normal	08.00 - 16.00	Closed ●	Normal	Normal
Shrewsbury	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Skelmersdale	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Solihull	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Stepps	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	10.00 - 18.00	Normal
Sutton Coldfield	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Tamworth	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Tower 42	Closed ●	Closed ●	Closed ●	Normal	Normal	Closed ●	Closed ●	Normal	Normal
Wakefield	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Wellingborough	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Weybridge	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Wildmoor	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
Worksop	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal
York	08.00 - 16.00	Closed	10.00 - 18.00	Normal	Normal	08.00 - 16.00	10.00 - 18.00	Normal	Normal



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