

WILDMOOR

HEALTH CLUB & SPA



Chefs Specials

Chefs specials available for £12.95 or upgrade to sweet potato fries for an extra 45p

Southern Fried Chicken Burger (625kcal)

Buttermilk fried chicken fillet on a brioche bun, garnished with cheddar cheese, garlic mayo, lettuce and tomato served with thick cut chips

Grilled Halloumi Burger (805kcal)

Grilled Halloumi Strips on a brioche bun, garnished with sweet chilli, lettuce and tomato served with thick cut chips

Bacon, Brie & Cranberry Baguette (907kcal)

French brie, bacon and cranberry sauce on a 10" french baguette served with thick cut chips and coleslaw

Bannatyne Club Sandwich (1114kcal)

Roast chicken, bacon, lettuce, tomato and garlic mayo on 3 layers of granary served with thick cut chips and coleslaw

Cajun Chicken Sandwich (580kcal)

Cajun marinated chicken, red onion, lettuce, tomato and garlic mayo on granary served with thick cut chips and coleslaw

Daily Specials and Extras

Rustica Stone Baked Pizzas

Margherita (1103kcal) - £9.95

Salami (1179kcal) - £9.95

BBQ Chicken (935kcal) - £9.95

Sweet Potato Fries (387kcal) £4.95

Thick Cut Chips (333kcal) £4.50

Side Salad (87kcal) £4.50

Members get 10% off menu price - Dishes labelled with GF, DF & VEA can be requested when ordering. GF = Gluten Free DF = Dairy Free V = Vegetarian Ve = Vegan VEA = Vegan alternative available. Gluten free option available on sliced bread

Concerns about allergies & intolerances? Visit allergymenu.uk & enter the code BAN345

Please ask the Food and Beverage Team for allergen information, in order to make your own menu choice. Please note some products on the menu contain allergens and not all ingredients are listed. This product information may change due to suppliers therefore please make sure you ask for allergen information or inform us of your allergies/dietary requirements every time you make a purchase. You can access allergen information about our menu using the 'allergy menu uk' app or website <https://allergymenu.uk>. This information covers the 14 major allergens. If you are having difficulty viewing this please ask a member of our Team. Equipment in a restaurant/kitchen area is shared and cross contamination may occur, therefore some products may not be suitable for those with allergies. Allergens are only declared if they are intentionally added to a product.

Wraps

Served with crisps, coleslaw and any of our house sauces upgrade to thick cut chips for +£2.00

Garlic Mayo - BBQ - Sweet Chilli - Satay

Roast Chicken Wrap (544kcal)

Spinach - Tomato - Cucumber - £8.50

Tuna Melt Wrap (796kcal)

Cheddar - Sundried Tomato - Peppers - £8.50

Halloumi Wrap (754kcal)

Spinach - Tomato - Cucumber - £8.50

Avocado Wrap V VEA(460kcal)

Spinach - Tomato - Cucumber - Peppers £8.50

Soup of the Day

Our daily changing winter special soup of the day served with granary toast - £6.00

Wildmoor Club Salad GF (660kcal)

Roast Chicken - Bacon - Avocado - Sun Dried Tomato - Cucumber - Lettuce - Honey Mustard Dressing - £12.50

Salmon and Avocado Salad GF (560kcal)

Smoked Salmon - Avocado - Lettuce - Tomato - Cucumber - Oil and Lemon to Garnish - £12.50

Jacket Potatoes GFVVe (397kcal)

Served with a side salad add your choice of toppings from the following options - £8.25

Cheddar (646kcal)

Tuna Mayonnaise (620kcal)

Bacon (548kcal)

Beans (521kcal)



Brunch

Served from 8am till 12 Midday

Wildmoor Full Breakfast (1365kcal) - £12.50

Bacon, Sausage, Mushrooms, Tomato, Hash Brown, Black Pudding, Beans, Eggs & Toast

Vegetarian Breakfast (1006kcal) - £12.50

Quorn Sausage - Mushrooms - Tomato - Hash Brown - Beans - Eggs - Toast -

Benedict Dishes

Toasted english muffin with 2 poached eggs drizzled with hollandaise and served with your choice of the following: - £9.00

Smashed Avocado (534kcal)
Bacon (537kcal)
Smoked Salmon (534kcal)
Mushroom (412kcal)
Ham (478kcal)

Breakfast Wrap (672kcal) - £9.50

Sausage, bacon, cheese, scrambled egg and a hash brown toasted in a wrap, served with crisps and coleslaw

Veggie Breakfast Wrap (640kcal) - £9.50

Quorn sausage, mushrooms, cheese, scrambled egg and a hash brown toasted in a wrap served with crisps and coleslaw

Eggs on Toast - £6.50

Scrambled (512kcal) - Fried (553kcal) - Poached (512kcal)

Plain Omelette (507kcal) £9.00

Add **Cheese** (249kcal) - **Tomato** (27kcal) **£0.50** - **Mushroom** (79kcal) **£1.00** **Bacon** (205kcal) **£2.00**
Chicken (107kcal) **£4.00** - **Sausages** (283kcal) **£1.00** - **Avocado** (141kcal) **£1.00** - **Ham** (141kcal) **£1.00**

Toast and Preserve V (296kcal) £4.00

Plain Porridge V VEA (431kcal) £4.50

with your choice of the following

Banana (564kcal) - Honey (517kcal) - Mixed Berries (443kcal)

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