

Breakfast Menu

THE FULLWORKS

INCLUDED IN YOUR ROOM RATE OR £10PP

Traditional Full English

Sausage, Back Bacon, Grilled Tomato, Sauteed Mushrooms, Hash Brown, Baked Beans and your Choice of Egg (DF, GF on request) 762 Cals

Vegetarian Breakfast

Vegetarian Sausage, Grilled Tomato, Sauteed Mushrooms, Hash Brown, Wilted Spinach, Baked Beans and your Choice of Egg (V, VE if no egg, DF, GF) 471 Cals

LIGHTERCHOICES

Hearty Porridge with Berry Compote & Honey (V, DF & VE on request) 113 Cals

Smoked Salmon & Scrambled Eggs (DF, GF) 335 Cals

Smashed Avocado on Toast, Poached Eggs and Salsa (DF, V, GF on request) 346 Cals

EGGCELLENTCHOICES

3 Egg Omelette

Choice of 3 Toppings, Bacon, Tomato, Mushroom, Spinach, Cheese, Onion, Smoked Salmon (GF, V & DF on request) 450 Cals

Eggs Benedict (GF on request) 485 Cals

Eggs Florentine (V, GF on request) 435 Cals

Eggs Royale (GF on request) 524 Cals

FANCYMIXINGTHINGSUP?

Continental Breakfast

Pastry, Croissant, Butter & Jams, Fresh Fruit Salad, Cereal, Yoghurt 628 Cals

All of the above options are served with your choice of tea or coffee, and orange or apple juice.

Dishes labelled with GF and DF can be requested when ordering. GF = Gluten Free DF = Dairy Free V = Vegetarian Ve = Vegan

Concerns about allergies & intolerances? Visit allergymenu.uk & enter the code BAN474

Please ask the Food and Beverage Team for allergen information, in order to make your own menu choice. Please note some products on the menu contain allergens and not all ingredients are listed. This product information may change due to suppliers, therefore please make sure you ask for allergen information or inform us of your allergies/dietary requirements every time you make a purchase. You can access allergen information about this menu using the 'allergy menu uk' app or website <https://allergymenu.uk>. This information covers the 14 major allergens. If you are having difficulty viewing this please ask a member of our Team. Equipment in a restaurant/kitchen area is shared and cross contamination may occur, therefore some products may not be suitable for those with allergies. Allergens are only declared if they are intentionally added to a product.