

# Member Swimming

|           | 06:00 - 07:00                        | 07:00 - 08:00 | 08:00 - 09:00                     | 09:00 - 10:00                   | 10:00 - 11:00                        | 11:00 - 12:00                | 12:00 - 13:00                                                     | 13:00 - 14:00                        | 14:00 - 15:00                      | 15:00 - 16:00 | 16:00 - 17:00                                                             | 17:00 - 18:00 | 18:00 - 19:00                        | 19:00 - 20:00          | 20:00 - 21:00                    | 21:00 - 22:00 |
|-----------|--------------------------------------|---------------|-----------------------------------|---------------------------------|--------------------------------------|------------------------------|-------------------------------------------------------------------|--------------------------------------|------------------------------------|---------------|---------------------------------------------------------------------------|---------------|--------------------------------------|------------------------|----------------------------------|---------------|
| MONDAY    | ADULT ONLY SWIMMING<br>06:00 - 10:00 |               |                                   |                                 | AQUA<br>10:00<br>10:45               | ADULT SWIM<br>10.45<br>11.30 | FAMILY SWIM<br>11:30 12:30                                        | ADULT ONLY SWIMMING<br>12:30 -15:50  |                                    |               | SWIMMING LESSONS<br>15:50-17:30<br><br>FAMILY SWIM TIMES<br>17:30 - 18:00 |               | ADULT ONLY SWIMMING<br>18:00 - 21:30 |                        |                                  |               |
| TUESDAY   | ADULT ONLY SWIMMING<br>06:00 -10.30  |               |                                   |                                 |                                      | AQUA<br>10:30<br>11:15       | FAMILY SWIM<br>11:30-12:30                                        | ADULT ONLY SWIMMING<br>12:30 - 15:50 |                                    |               | SWIMMING LESSONS<br>15:50-17:30<br><br>FAMILY SWIM TIMES<br>17:30 - 18:00 |               | ADULT ONLY SWIM<br>18:00<br>19:00    | AQUA<br>19:00<br>19:45 | ADULT ONLY SWIM<br>19:45 - 21:30 |               |
| WEDNESDAY | ADULT ONLY SWIMMING<br>06:00 - 11.30 |               |                                   |                                 |                                      |                              | FAMILY SWIM<br>11:30<br>12:30                                     | ADULT ONLY SWIMMING<br>12:30 - 15:50 |                                    |               | SWIMMING LESSONS<br>15:50-17:30<br><br>FAMILY SWIM TIMES<br>17:30 - 18:00 |               | ADULT ONLY SWIMMING<br>18:00 - 21:30 |                        |                                  |               |
| THURSDAY  | ADULT ONLY SWIMMING<br>06:00 - 11:30 |               |                                   |                                 |                                      |                              | FAMILY SWIM<br>11:30<br>12:30                                     | ADULT ONLY SWIMMING<br>12:30 - 15:50 |                                    |               | SWIMMING LESSONS<br>15:50-17:30<br><br>FAMILY SWIM TIMES<br>17:30 - 18:00 |               | ADULT ONLY SWIMMING<br>18:00 - 21:30 |                        |                                  |               |
| FRIDAY    | ADULT ONLY SWIMMING<br>06.00 - 09:10 |               |                                   | AQUA<br>09:10<br>09:55          | ADULT ONLY SWIMMING<br>09:55 - 11:30 |                              | FAMILY SWIM<br>11:30 12:30                                        | ADULT ONLY SWIMMING<br>12:30 - 15:50 |                                    |               | SWIMMING LESSONS<br>15:50-17:30<br><br>FAMILY SWIM TIMES<br>17:30 - 18:00 |               | ADULT ONLY SWIMMING<br>18:00 - 20:30 |                        |                                  |               |
| SATURDAY  |                                      |               | ADULT LANE SWIM<br>08:00<br>09:00 | SWIMMING LESSONS<br>08:30-12:00 |                                      |                              | ADULT ONLY SWIMMING<br>12:00 - 14:00<br>(12-1230 Private Lessons) |                                      | FAMILY SWIM TIMES<br>14:00 - 16:00 |               | ADULT ONLY SWIMMING<br>16.00 17.30                                        |               |                                      |                        |                                  |               |
| SUNDAY    |                                      |               | ADULT ONLY SWIM<br>08:00<br>09:00 | AQUA<br>09:00<br>09:45          | FAMILY SWIM TIMES<br>09:45 - 12:00   |                              | ADULT ONLY SWIMMING<br>12:00 - 16.30                              |                                      |                                    |               |                                                                           |               |                                      |                        |                                  |               |

- AQUA: One swimming lane will be in operation for adult swimming during scheduled AQUA classes.
- Swimming lessons will be conducted in the main pool, making the pool unavailable for member use during scheduled lessons.
- Terms and conditions. The timetable is subject change and is based on Instructor availability.