

Member Swimming

	06:00 - 07:00	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00
MONDAY	ADULT ONLY SWIMMING				AQUA 10:15 11:00	ADULT ONLY SWIMMING			CHILD SWIM TIMES 14:00 - 19:00				AQUA 19:15 19:45	ADULT ONLY SWIMMING		
TUESDAY	ADULT ONLY SWIMMING					AQUA 11:15 12:00	ADULT ONLY SWIMMING		CHILD SWIM TIMES 14:00 - 19:00		SWIMMING LESSONS 16:00 - 19:00		ADULT ONLY SWIMMING			
WEDNESDAY	ADULT ONLY SWIMMING					AQUA 11:45 12:30	ADULT ONLY SWIMMING		CHILD SWIM TIMES 14:00 - 19:00		SWIMMING LESSONS 16:00 - 19:00		AQUA 19:15 19:45	ADULT ONLY SWIMMING		
THURSDAY	ADULT ONLY SWIMMING				AQUA 10:30 11:15	ADULT ONLY SWIMMING			CHILD SWIM TIMES 14:00 - 19:00		SWIMMING LESSONS 16:00 - 19:00		ADULT ONLY SWIMMING			
FRIDAY	ADULT ONLY SWIMMING					AQUA 11:00 11:45	ADULT ONLY SWIMMING		CHILD SWIM TIMES 14:00 - 19:00		SWIMMING LESSONS 16:00 - 19:00		ADULT ONLY SWIMMING			
SATURDAY			ADULT ONLY SWIMMING	AQUA 08:45 09:30	ADULT ONLY SWIMMING				CHILD SWIM TIMES 12:00 - 17:00		ADULT ONLY SWIMMING					
SUNDAY			ADULT ONLY SWIMMING		ADULT ONLY SWIMMING				CHILD SWIM TIMES 12:00 - 17:00		ADULT ONLY SWIMMING					

- Swimming lessons will take place in one of the lanes during the following times: Tuesday - Thursday 5pm - 5.30pm. Friday 4pm - 5pm
- Terms and conditions. The timetable is subject change and is based on Instructor availability.