

WHY NOT START WITH

GLASS OF WINE



	125ml	250ml
CHARLES VERCY CUVÉE DE RESERVE -FRANCE	£10	
WILD RIVER SAUVIGNON BLANC - NEW ZEALAND	£6	£10.50
ST SIDOINE ROSE, 2021 - PROVANCE, FRANCE	£6	£11
DOMAINE BOUSQUET RESERVE MALBEC - ARGENTINA	£5.50	£9.50

COCKTAILS



MOJITO	£10.50
COSMOPOLITAN	£10.50
OLD FASHIONED	£11.00
VIRGIN ELDERFLOWER MOJITO MOCKTAIL	£5.50
PEACH BERRY SPRITZ MOCKTAIL	£6.00

A discretionary 12.5% service charge will be added to your bill - all gratuities go to the staff - thank you.

Dishes labelled with GF and DF can be requested when ordering.

GF = Gluten Free DF = Dairy Free V = Vegetarian Ve = Vegan

Important Information: All our food is prepared in a kitchen where nuts, gluten and other known allergens may be present. If you have any allergies or dietary requirements please let a member of our team know every time you visit. More information on allergens and ingredients can be provided by our fully trained staff.

Thank you.

Concerns about allergies & intolerances? Visit allergymenu.uk & enter the code: BAN478.



BANNATYNE SPA HOTEL HASTINGS

PLANT BASED MENU

NIBBLES

HOME BAKED FOCACCIA 371kcal VE Dairy free butter, olive oil & balsamic	£5.00
MIXED MARINATED OLIVES 394kcal VE, GF	£5.00

DISHES

SOUP OF THE DAY Please ask your server 494 kcal GF*	£7.50
VEGETABLE SPRING ROLLS Sweet chilli & mango salsa 680 kcal	£9.50
HERITAGE TOMATO & PLANT BASED FETA Roquette pesto & balsamic vinegar croutes 469 kcal GF*	£10.50
RED THAI SPICED BUTTERNUT SQUASH & SWEET POTATO PIE Vegetable gravy & side salad 692 kcal	£18.50
KALE, SPINACH & ORZO SALAD Sultanas, pumpkin seeds & crisp tofu 1017 kcal	£16.00
PIZZA SANTORINI Tomato, capers, kalamata olives, red onions, fresh roquette & vegan Feta cheese 750 kcal	£13.25
RED & GOLDEN BEETROOT SALAD Vegan feta, lemon & garlic mayo, toasted pumpkin seeds & sultanas 551 kcal GF	£12.50
NUT ROAST Cranberry sauce, maple glazed carrots & parsnips, brussel sprouts, olive oil roast potatoes & vegan gravy Sweet chilli & mango salsa GF	£16.75

SIDES ALL VE, GF*, V, DF

£4.50 EACH

FRIES 227 kcal

CHUNKY CHIPS 216 kcal

NEW POTATOES 196 kcal

TENDERSTEM BROCCOLI & CHANTENAY CARROTS
160 kcal

MIXED LEAF SALAD 219 kcal

HERITAGE TOMATO, RED ONION & VINAIGRETTE 253 kcal

DESSERTS

VEGAN VANILLA ICE CREAM Raspberries & raspberry coulis 229 kcal GF	£8.00
PLANT BASED PANNACOTTA Poached pear fresh passionfruit & coulis GF	£8.00
SELECTION OF SORBETS (Choice of three) GF Please see your server for today's selection 218 kcal	£8.00

TO FINISH



LIQUEUR/IRISH COFFEE Jamesons, Baileys, Frangelico or Kahlua	£8.00
ESPRESSO MARTINI	£11.00
ASK TO SEE OUR HOT BEVERAGE SELECTION	