



KINGSFORD PARK

LOUNGE MENU

SANDWICHES

Choice of granary or white served with salad and crisps
Upgrade to chips £1.50 (Gluten free available)

Roast beef horseradish & rocket	£10.00	621 kcal
Cheddar & ploughmans chutney (V)	£8.00	792 kcal
Egg mayo with spring onions (V)	£7.00	868 kcal
Tuna mayonnaise & spring onion	£7.00	613 kcal
Harissa hummus, tomato & rocket (V) (VE)	£7.00	664 kcal

PANINIS

Served with crisps and salad | Upgrade to chips £1.50

Cheddar & chorizo	£10.00	888 kcal
Goats cheese onion chutney (V)	£8.00	727 kcal
Tuna cheese melt	£8.50	871 kcal
Chicken & bacon	£8.50	729 kcal
Harissa hummus, red onion & spinach (V) (VE)	£7.50	602 kcal

Dishes labelled with GF and DF can be requested when ordering. GF = Gluten Free DF = Dairy Free V = Vegetarian Ve = Vegan

Concerns about allergies & intolerances? Visit allergymenu.uk & enter the code BAN474

Please ask the Food and Beverage Team for allergen information, in order to make your own menu choice. Please note some products on the menu contain allergens and not all ingredients are listed. This product information may change due to suppliers therefore please make sure you ask for allergen information or inform us of your allergies/dietary requirements every time you make a purchase. You can access allergen information about our menu using the allergy menu uk app or website <https://allergymenu.uk>. This information covers the 14 major allergens. If you are having difficulty viewing this please ask a member of our Team. Equipment in a restaurant/kitchen area is shared and cross contamination may occur, therefore some products may not be suitable for those with allergies. Allergens are only declared if they are intentionally added to a product.



K I N G S F O R D P A R K

L O U N G E M E N U

S U M M E R S A L A D S

- Steak & romesco salad (GF) £10.50 530 kcal
5oz Sirloin steak with roasted red peppers, potatoes, toasted almonds, green beans, cherry tomatoes & roasted chillies
- Baked salmon with quinoa salad (GF) £10.50 838 kcal
Baked salmon supreme glazed in honey and tamari, with quinoa, cucumber, peppers, chickpeas, mint, parsley, bok choy and sunflower seeds dressed with lemon dressing
- Avocado & grilled courgette salad with chilli prawns (GF) £9.50 504 kcal
Avocado salad with courgette, tomatoes, feta, spinach and basil with a lemon dressing topped with baked chilli prawns
- Superfood salad (VEA) (GF) (V) £10.50 849 kcal
Roasted sweet potato with quinoa, broccoli, toasted almonds, salad cress, avocado, and pomegranate. Topped with chilli flakes, feta, pine nuts and fresh lime juice.

S O F T T O R T I L L A T A C O S

All served with guacamole, lettuce, sauce, chilli,
spring onion and micro herb garnish

- Surf 'n' Turf taco
Prawn & fried chicken £12.00 769 kcal
- Cajun lamb taco (V) £11.00 699 kcal
- Moroccan lamb taco £10.50 691 kcal
- Steak & chimichurri taco £11.00 434 kcal
- Jackfruit & charred corn taco (V) (VE) £8.00 278 kcal